

Relationship with God

The Eternal Benefits

Session 1

This document is a transcript of a seminar delivered by AJ Miller (who claims to be Jesus) as part of the Relationship with God series of talks, describing the everlasting benefits of having a relationship with God

Delivered By

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The Eternal Benefits Of A Relationship With God: Part 1

1. Introduction

I've got a very good subject for you today. What I would like to speak with you about is a subject that's dear to my heart. It's a part of the relationship with God series of talks that I've been giving, and the subject is "The Eternal Benefits of a Relationship with God."

What I find when I discuss the relationship with God with people is that generally most people don't understand the potential benefits of the relationship, and so most people don't view it as a very important part of their lives. This is why religion eventually starts to have this concept of "I'll go along Sunday, that's my contribution, or the development of their relationship with God on one day of the week". One of the main reasons why that happens is because on Earth there is really very little concept of the benefits of having a relationship with God, and very little concept of how wide reaching this relationship with God will have an effect in your entire life.

So that's why in the first century we called the relationship with God "The Way". The reason why we called it The Way was because it wasn't just something that you practiced occasionally but it was the way you lived your entire life.

"THE WAY"

I feel that when it comes to talking about a relationship with God, most people have a lot of difficulty with the concept of how a relationship with God will benefit them. So what we'd like to do today is focus on the benefits of having a relationship with God; rather than just talking about the relationship with God, we're going to look at what are the overall benefits.

1.1. The scope of the benefits of a relationship with God

The benefits can be measured in a number of different ways: Firstly the scope of the benefits is interesting because the scope of the benefits range from tiny minor changes in our life right the way through to massive things that occur in our life as a result of the relationship. And when I say massive I'm talking about so large that they affect the universe in terms of massive - not just our galaxy or our solar system but the entire universe. So the scope of having a relationship with God in terms of the effect it's going to have on the universe itself is actually quite massive.

Also, in terms of how personal it is, it ranges from being completely intimate, in the sense that we are totally, intimately involved in the relationship, right the way through to universal in its scope. So there will be things that affect us so personally and intimately that we can't even describe them to another person properly, that's how intimate it will be, but there are also things that will affect every single person in the universe as a result of our relationship with God. So our relationship with God can actually have an impact upon every single being in the universe, not just upon ourselves. For that reason, there's a very, very large area that it encompasses our relationship with God.

In terms of timing, the effects of our relationship with God begin from immediate to everlasting. In other words, there are some things that will affect our relationship with God immediately and therefore affect our life immediately as we embrace them but some of the choices we make in our relationship with God actually are going to have an effect on your entire everlasting future. Some of the choices you make right now will even have an effect on your entire everlasting future when you embrace your relationship with God.

SCOPE-MINOR TO MASSIVE
PERSONAL-INTIMATE TO UNIVERSAL
TIMING-IMMEDIATE TO EVERLASTING

1.2. Prioritising our relationship with God

So what I'd like to do is discuss some of the parts of the relationship with God with you and we can relate them to some of these areas; what you'd call characteristics of how the relationship affects the rest of our life. In addition, I'd like to talk to you about some of the changes that occur that we're perhaps not that aware of or that we've not been potentially aware of in terms of the potential of our relationship with God and how far it can go because most people on Earth again have a very limited relationship with God due to a number of constraints that we place upon it. And unfortunately due to those constraints, we never get to experience the full impact of the relationship with God and what it can do to our lives. And as a result of that we have a tendency then to put it as a secondary part in our life rather than a primary part of our life.

It always reminds me a little of a comment that was made in the books "Conversations with God". I don't know if any of you've read those particular books but there's one comment that Neale Donald Walsh made to God, the so-called "God" in the conversation. He said he'd been wanting God to be involved in his life for all of his life and God said to him well no that's not really the case because often we may have a general feeling that pervades all of our life but if you add up all the minutes of time that we often think about God or desire a relationship with God or spend on the relationship, a lot of times it's a very, very short part or small part of our life. It may even add up to only weeks in our entire life that we are really dedicated to developing a relationship with God.

And the problem with that of course is that we never get to experience the results of a good relationship with God. So what I find on Earth is that most people don't ever get to experience the results of a good relationship with God and other things then take priority.

So if we look at it from this perspective, if we make God our number one priority in our life, that is certainly going to change a lot of our life immediately. The way that we spend our time will change immediately if we make God our number one priority in our life and our relationship with God that number one priority. If we do that there are certain benefits that come from doing that and what we need to do is analyse those benefits to see what are the benefits of doing that.

①-GOD BENEFITS

If, as most people do, we put God down in the priority list of their life, then of course it would make sense that the benefits are not going to be as great because it's like having a relationship with any other person or being that surrounds us, obviously if we're not that dedicated to the relationship then of course the relationship isn't as close as it potentially could be and therefore the benefits of having such a relationship are not going to be able to be measured as well.

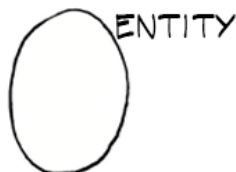
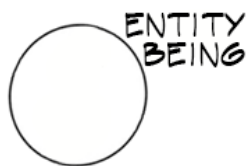
So what we'd like to do is to examine the benefits in terms of the true benefits and present some benefits that you may not have even thought about with regard to having a relationship with God and then at the end we'd like to ask, given these benefits, why would we delay developing such a relationship?

2. God is an entity who desires a relationship with us

Participant: It came to my mind when you're talking about a relationship with God: number one, what are we relating to? How would you find this to relate to and does the word relationship with God imply a separation to begin with? If you're relating to God as it's me and the other? I have some confusion about that. Do you get me?

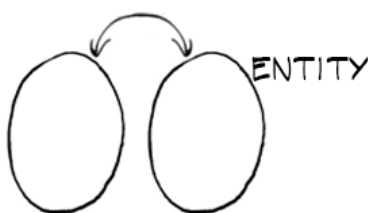
No worries. Yes I do get you. Firstly, God is an Entity, a Being, far greater than we are as an individual. In other words we're very limited as individuals, we have the capacity to grow but God is already obviously grown enough to have all of this knowledge and all of this wisdom, all this power, all this understanding and all this love as well for all of Her Creations. And as an entity, She has personality, She has attributes, qualities, characteristics that we can define. Now today I'm not going to go so much into that but what I want to do firstly is present the concept that God is the entity and we are an entity.

We have our own individual nature, our own individual qualities, our own individual attributes, our own individual personality and so forth.



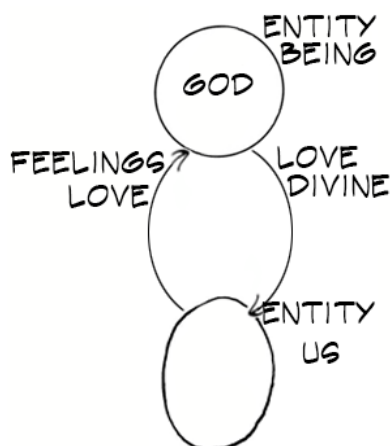
God (top) is an entity and being, just as we (below) are an entity

That being the case, we can relate to any other entity. So for example, you're an entity, I am an entity and so here are two entities, we can relate with each other somehow. Now if our relating together is based upon fear and dishonesty and a lot of other attributes like that, then obviously our relationship is going to be very poor, we're probably not going to want to be in each other's life very much, we're going to be very limited in terms of what we do together in our life, we'll do things separate from each other, so separateness is only created by our inability to relate with each other in a loving manner. And it's exactly the same with our relationship with God, I believe, in that separateness is only created by our own inability to relate to God in a loving manner. [00:13:58.20]



We can relate to God (top) as an entity in the same way as we relate to other people, who are also entities (below)

God is always desirous of relating to us in a loving manner and of course created us out of love, so when it comes to a relationship with God, God Himself or Himself, depending on how you want to view God, can relate to us with love all the time. But our ability to actually have a relationship in return with God is very much defined by how willing we are to embrace that love and have that love enter us, but also have a feeling of love that comes from us to God. So just like having a relationship with a person the relationship would be limited by how willing we are to interact with the individual. So if you consider God as an entity or a being and you are an entity or a being, separateness is only created by our inability to engage the relationship in a loving way.



Our relationship with God depends upon us accepting love from God and feeling love for God

2.1. Coming to know God through a personal relationship

If you look on Earth generally, most of mankind does have an inability to engage a relationship with God in a loving manner. In fact most of mankind believes God to be some kind of rageful, punishing Being and in fact most religious forms on the Earth believe that to be the case. So immediately they are saying that God is not the loving creature that God knows Herself to be and I'm then going to start relating to something that doesn't even exist at that point. Once they start saying to God that, "You are a punishing, angry, rageful God," now what I'm doing to God is I'm defining God by my own methods rather than actually having a relationship and finding out about God from God Herself.

If in a human relationship, I came along and told you everything about yourself that I believed you were, without actually relating to you and finding out who you are through the relationship, that would then be a pretty arrogant stance, wouldn't it? We would never be able to have a very good relationship. It's really the same with most people's relationship with God; they basically finish up telling God what God is and then believing and creating a whole form of worship of that being based around what they believe God to be.

2.1.1. Sharing feelings of love with God

What I'm suggesting instead is that we are an entity and God is an entity. We have separate attributes and characteristics that we can share; there are certain qualities that we can share, with love being the greatest of those qualities, if you like. And what we can do is engage the process of allowing God's Love, what I would call the Divine Love that comes from the Divine, to enter us, and then also having feelings of love of our own and therefore feelings that we establish towards God that God then can feel.

So I can feel God's Love entering me and I can also feel my love for God and actually feel when God accepts that. And of course God's going to accept that all of the time because God's not injured in love. So our relationship with God is not dependent upon God, it's actually dependent upon us, whoever we are. Any separateness we have from God is completely constructed by our own inability to engage that relationship in a loving manner.

My feelings are that God is an Entity, a Being, with whom we can have a 'to and from' relationship, in other words, with whom we can feel feelings from and have feelings towards. Whether that actually occurs is completely dependent upon myself and whether I'm willing to engage that relationship in a loving manner.

If I'm not willing to engage that relationship in a loving and truthful manner, in other words if I'm going to believe things about God that are false or I'm going to try to push upon God my beliefs about God then obviously the relationship's not going to be very close. But if I can accept God's Definition of God from God into myself, through this relationship, then I can have a very, very close bond with God. In fact a bond that could grow everlastingly; something that can grow over a long period of time and continue to escalate in its value and also in its experience with us. And that's really what I'm pointing towards when I'm talking about a relationship with God. [00:18:54.18]

2.2. False beliefs about God in the world

Participant: I have problems with the word “God”.

I understand.

Participant: Because there are so many concepts throwing around that it's almost like it's become a dirty word.

It has become a dirty word, in Western society in particular.

Participant: And so I find I'm not totally comfortable with that word, that three letter word.

So rather than, if instead we take this word as man's definition of the word, 'this somehow all powerful, omnipotent ...

Participant: Well I mean I feel that like there's the old saying ... God made man in His Image and then they reversed it and they said man has made God in his image.

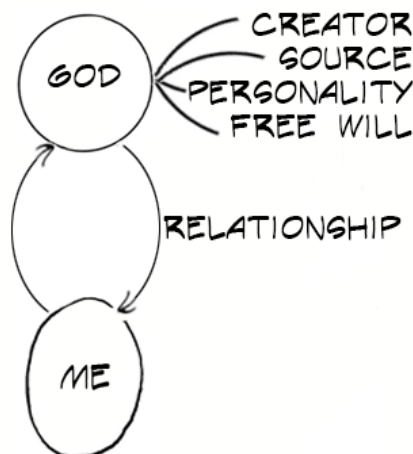
Exactly. In fact man has made God even worse than their image in most cases because most of the time man actually believes that God is even more destructive than they themselves would be. So they've even made God to be something even worse than the average man. And I feel that concept of God is very, very flawed.

2.3. Coming to know God through a personal relationship (continued)

So instead perhaps if we can define it a bit better - the Being I'm speaking of is God the Creator of the universe and therefore the creator of us, who basically is the source of all life and our existence. In fact God is the source of all laws as well, in terms of universal law; not the laws man creates but rather the laws that are present in nature. So the Creator or Source has personality, in other words, it's a Person; it's a Being that we can connect to and actually feel the nature of through the connection. That's what I'm talking about when I'm speaking about God.

That person is also separate to me, in the sense that we are different individuals. I can have a will that is in opposition to God. So in other words, this God has Its Own Will. And I have my own will and sometimes I can exercise my will in a complete opposite direction to what God would like to see me exercise my will if I was in harmony with love. That being the case, God has Her Own Will and therefore has the ability to do whatever She desires and wishes based on Her Power and the love that She has that is irrespective of what I decide to do.

So that being the case, when I decide to somehow try to develop a relationship with this entity, God, the entity that existed before the universe even existed itself, then when that occurs, I can somehow enter this relationship where I receive feelings from God and I can also enter this relationship in a manner where I can feel feelings for God, that God then also receives and feels. And that's what I mean by a relationship. [00:21:56.16]



God, the Source and Creator of the universe, can have a personal relationship with me

Quite often when we begin the relationship we don't feel much from God and God doesn't feel much from us because most of the time we've got other relationships that are more important or whatever. But over a period of time as we recognise the importance of this relationship, and one of the reasons why we do is by understanding the benefits of it. Once we develop this relationship further and further, what happens is that it obviously grows in terms of the priority of our life and eventually my feelings are that once you eventually grow in that place, you will eventually get to a point where the relationship with God is more important than anything else, more important than anything else you can do because you realise that it has an effect on everything you do.

So that's what I'm talking about when I'm speaking of a relationship with God. I'm not talking about a relationship with the universe because I feel the universe is God's Creation. Therefore when I have a relationship with the universe, I'm having a relationship with a Creation of God, not with God Itself or Herself or Himself. So I have the ability to have a relationship with the actual Person, the Being who created the universe, and a relationship with that Being has eternal benefits to my life.

What we want to do is discover what those benefits are. It's highly unlikely that if we don't see that there are any benefits that we'd ever engage the relationship. It's like if you see a potential benefits of having a relationship with a person on Earth then you'll engage the relationship most of the time, you'll want to do things with them and get to know them and get to understand them and have them understand you, and you're more open with them and more trusting with them and so forth because you can see the benefits of doing so.

But if there were no benefits to doing so, if there were no benefits from addressing a relationship with an individual, then you wouldn't decide to generally address the relationship most of the time; for most of us that would be the case. And I'm suggesting the same thing really happens with God. If we don't see the benefits of having a relationship with God, then we have a tendency to have relationships with everyone else other than God until such a time as we see the benefits.

3. God knows everything in the universe

Now bearing in mind that God is the Creator of everything, there have got to be some pretty major benefits of having a relationship with such a Being, if this relationship is personal and not just a general idea or concept. So I would say the very first thing that we need to discuss is the major benefit we have in a relationship with the actual Creator, or the potential of having a relationship with the actual Creator, of the universe.

Now the Creator of the universe knows everything that's inside of the universe because He created it. Now if I have a relationship with that Creator, I then have the potential to somehow learn everything that He knows. And if I have that potential, then in the end I can get to know everything in the universe as well; absolutely everything - scientifically, mathematically, creatively, everything that's possible that we can engage - because this Creator knows everything and has created the potential for everything in the universe that we live in. So it would make sense that if I have a relationship with this Person, this Being, then I have the potential to learn everything from that Being through this relationship. Now if that's the case, then to me, that is one of the greatest possible reasons to engage the relationship.

So I'm not talking about just having a sort of a religious concept; this general concept that mankind has about God, you have to worship God. I'm talking about something that's more personal than that, where you actually can feel God's Nature, Qualities and Attributes and God educates you through the relationship, rather than just it being a case of you having to go to Church on Sunday or go and worship God or honour God, because it's not just about honouring God. I feel it's more than that. It's about growing in this relationship where we have a to and fro conversation with God, where everything between us and God flows in terms of emotionally flows. Just like you'd have a relationship with a person who's your partner or a friend, you can have a relationship with God, which will encompass and make you grow in all sorts of directions that you wouldn't have conceived possible before. [00:27:19.26]

The reason why is because God knows everything about where we live and God knows everything about our body, God knows everything about our spirit body, God knows everything about our soul, God knows everything about our personality, God knows everything about the world in which we live, scientifically God knows everything that He created. He created the mathematics and the science, He knows all of those things, and so the more I come closer to this Being, God, who knows all these things, it would logically make sense that I will also grow in my knowledge of exactly those same things. And it would be much easier for me to do so than connecting with any other person.

3.1. Less experimenting is required when having a relationship with God

It also helps me where I need to do less experimentation. When I say less, what I mean by that is, in my life, the way I generally learn is by experimenting. I experiment with something, a concept, an idea and eventually I test it through a lot of different actions that I might take and eventually I arrive at generally what I believe to be true as a result of those experiments. The beauty of having a direct connection with God is that God can tell me things that I then can experiment with that I don't have to go and discover for myself as much. What that means then is I have the potential to learn more rapidly, I have the potential to learn about the entire universe much more rapidly than I would by having to experiment on my own. I could potentially learn directly from the Being who created it and therefore understand it much more easily than I could have potentially understood before and so it makes my growth a lot faster as a result. I can grow faster and grow towards understanding things faster, through this relationship.

3.2. Forming a relationship with God enables us to see the universe as it really is

Participant: I'm just reflecting that it's about having the willingness to learn from God because in my self-reliance. The way I've done everything in this life is not to ask anybody anything.

(Laughs) Yeah.

Participant: Just live by trial and error.

Exactly.

Participant: And my observation is that's what most of us do.

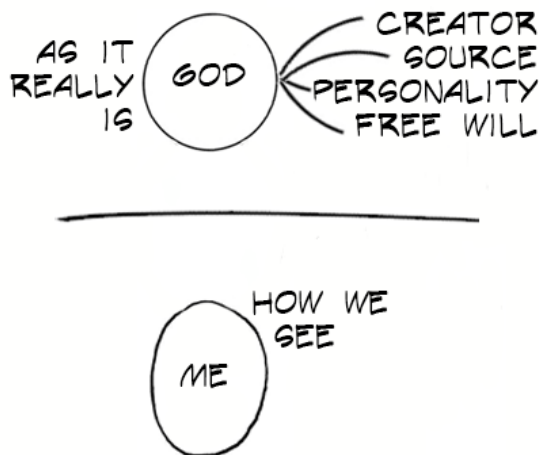
Yeah.

Participant: And I don't know why that's so engrained but it's been a real switch for me to go from that; where I have to do everything kind of thing to in this case, to accepting that God knows everything, I can learn that way. It's that switch; it's that willingness and that desire to want to do that.

Yeah it's like I illustrated earlier where I can live in a bubble if you like when it comes to God, or live by learning from the world around me. The problem with that of course is I have to experiment with it and the other problem is that I'll generally attract a whole series of events which I then interpret a certain way and because my interpretations are not universal in their nature, I will often misinterpret it. So I will often not have a good perspective, if you like.

It's like when you stand here on the mountain, Bathurst, you can overlook the entire valley and so see how the valley is laid out but when you go down into the valley and just live in the valley, you forget how everything's laid out, because of you being actually in the valley and the perspective has changed. [00:31:19.10]

If we gain God's Perspective, that is a universal perspective; it's a very different type of perspective than our individual perspective. Through this relationship with God we have the potential to actually see everything as God sees it and in that process, we have the ability to see it as it really is, because that's how God sees everything. But instead what we often do is we forget about God, forget about a relationship with God on Earth and then we only have the ability to see it how we see it. And how we see it is often quite limited and distorted because of our perspective, because of where we are even living in the universe, there is a certain degree of distortion that occurs through what we observe. Whereas if we connect to God, we get to see things how God sees them, which is a very very different perspective than how we generally see it ourselves. And I feel that's a major benefit of a relationship with God to actually begin to see things as they really are rather than how I interpret them to be.

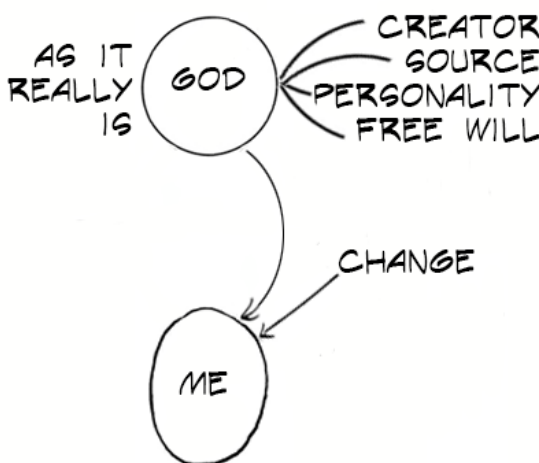


A relationship with God enables us to see things as they really are, as opposed to how we see them

Now to do that I've got to be pretty humble, I've got to be not very self-reliant and more God reliant in that interpretation. But again, if I have a relationship with God, I could even develop those qualities of being less self-reliant, more God-reliant, more humble in my relationship with God, more willing to learn like a student rather than thinking that I know everything and therefore don't need to be taught anything; those kind of things. If I have a relationship with God then I'm completely free to be taught everything, everything that's possible to learn, in any possible direction or passion that I have, and that includes music, art, science, mathematics, any passion you can consider; we have the ability to learn the truth of it and the ability to utilise it in a loving manner if we connect to this relationship with God.

3.3. A relationship with God changes us

Okay so if God sees things as they really are, and I have this limited viewpoint of how things are, obviously if I embrace this relationship with God certain things are going to be forced upon me, and one of the things that will be forced upon me is that I will need to change. In other words I need to change from the limited being I currently am into a completely different type of being who has the ability to absorb the information that God wants to give us.



A relationship with God causes us to change

3.4. God is our Parent who wishes to teach us

So I see God as the same as any human parent on Earth who is loving towards their child, and when I say the same, God far exceeds any loving person on Earth who is loving towards their child. Now any parent who is loving towards their child on Earth generally wants their child to learn the easiest possible way, is that not the case? You're always trying to protect your child from having hardship through the process of learning; you want them to learn even from your own

experience to a degree so that they don't have or embrace the same problems that you've had to experience in your life with learning.

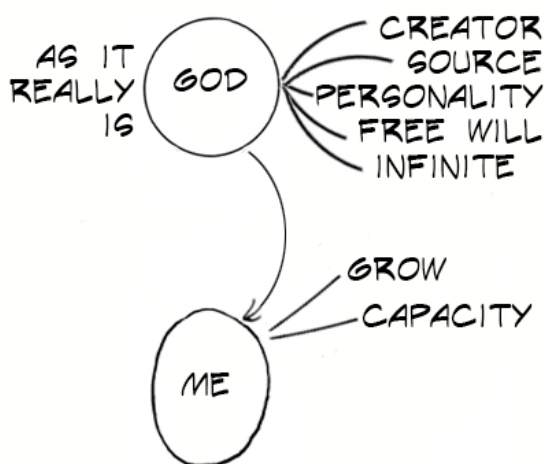
There's also this feeling in most good parents on Earth who are loving towards their children that they would like the child to even exceed their own understanding of things in the long run. In fact most good parents want to create what I would call an atmosphere or an environment of learning so that it's so easy for the child to learn and so that the child just automatically absorbs new truths without even realising it sometimes, just through this process of learning. And I feel God is far better than the average parent on Earth so therefore God wants us to also absorb new truths and God wants us to do it as easily as we possibly can.

And the easiest possible way we could absorb more truth is by having a relationship with God, where there is a to and fro emotional experience between us and God and a learning experience between us and God. And as that experience occurs, now we have the ability to understand a whole heap of new things that we would not have before been able to understand without that relationship.

3.5. *God's Infinite Knowledge causes us to grow*

That relationship with God will also challenge us in certain ways. So for example, there are some truths that God knows and obviously if we can put it even more defined than that, there must be an infinite number of truths that this Being must know in order to create what seems or appears to be an infinite universe. [00:36:43.00]

And if that is the case, then there are an infinite number of truths that can be transmitted from God to me. But for me to be able to absorb them, I'm going to have to change. I'm going to have to be in a condition to absorb them somehow. For example my intellect is going to have to grow in order to absorb some of these truths, my experience of emotions is going to have to grow in order for me to experience some of these truths, because if it doesn't grow then how can I get the truth from God that God already experiences and knows without there being some kind of growth on my part? So one of the benefits I see of the relationship with God is it causes me to grow. I'm going to grow in my intellectual capacity to understand.



Receiving new truths from God causes us to grow

I'm going to grow in my emotional capacity to understand every single thing. In fact if I continue with this relationship with God, my soul will be transformed in such a way that I have the capacity to understand things that I now currently do not understand. So right now, because we're not God, obviously there must be an almost infinite number of things that we don't understand.

For example if you look at most of us, most of us have no idea how our body works even. Many times we don't even know the purpose of an organ in our body that's a major organ, let alone how our entire body works. When we get sick we don't understand why most of the time, we blame it on a flu or a virus or something like that, but we have no understanding of why we caught it because if we understood why we caught it and understand there was a cause, we would remove that cause and then we'd never catch one again.

So we don't even understand why we caught it; many of us don't even have the capacity to understand. What I'm saying is a relationship with God can grow our soul in such a manner that we have the capacity to understand why these things happen and therefore we have the capacity to change them. We have the capacity to influence our life in so many different areas of change as a result. [00:39:18.00]

4. Developing a relationship with God

So with our relationship with God then there must be quite a lot of benefits of engaging the relationship so what I would like to do, is talk to you about the benefits of engaging the relationship in a lot more detail rather than how to engage the relationship. I've given many other talks about how to engage the relationship, and what I would like to do today is just discuss the benefits of engaging the relationship with you. I feel that if we understand the benefits, it gives us a greater motivation to engage the relationship rather than just sitting back and waiting for God to do something to bring the relationship to us.

4.1. An analogy of starting a partnership relationship

I often liken it inside of myself to a relationship between two people. Do you remember the first time you met somebody who you eventually fell in love with? The very first time you met. Now for most people when they meet them, there's some level of attraction, isn't there? The other person might be on the other side of the room, or you might see them walking down the street, or you might see them at the pub or somewhere where you've initially met, and there's an initial level of attraction.

So there you are, maybe if you're a male, there you are and there's the person who you feel you're attracted to. Whether that person's a male or female is immaterial to me. But there's a person who you're attracted to and you feel some level of attraction for. Now if you just sit down and just watch them and you don't engage that attraction in any way, what's the chances of something further happening in that relationship? Very little, isn't that the case?

Now they may finish up noticing you looking at them and in some cases they might actually feel quite creeped out about it and that may cause them to step away even further from you. If the person who feels the initial attraction towards this person is shy, what would they probably do? They'd probably just covertly just look at the person from a distance without freaking them out, without creeping them out, but often times they wouldn't engage the person, would they? They'd often just watch them from a distance. Now many people and you might have been one of them in your life at some point, have actually sometimes watched a person from a distance without engaging them in any way for years before any relationship is established. [00:42:21.25]

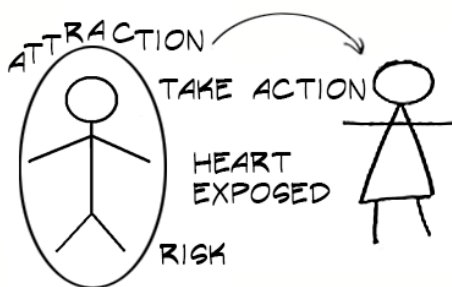
There have been plenty of people that have done that in their life. For a relationship to be established, this person has to take action. And what does that action involve generally?

Participant: It would involve something with the person, so go up to the person, or call the person.

So they'd have to expose themselves to a degree wouldn't they?

Participant: Yes.

They'd have to be open enough to expose that they're actually interested in the person in some way, wouldn't they? So there would be a degree of heart being exposed in that process. They have to expose themselves through this action somehow. Sometimes the exposure is so natural because we feel the attraction and because we feel the attraction, it automatically shows on our face and it shows in our body language and so we're already exposing ourselves even through the attraction most of the time. And then if we take further action about it, we then expose ourselves to the person. So we're taking what I would call a risk are we not? We're risking potential rejection, we're risking someone laughing at us or humiliating us; there are all sorts of things we're risking, but we're willing to take the risk. Why? Because we feel there is going to be some kind of benefit for doing so, whatever that benefit would be.

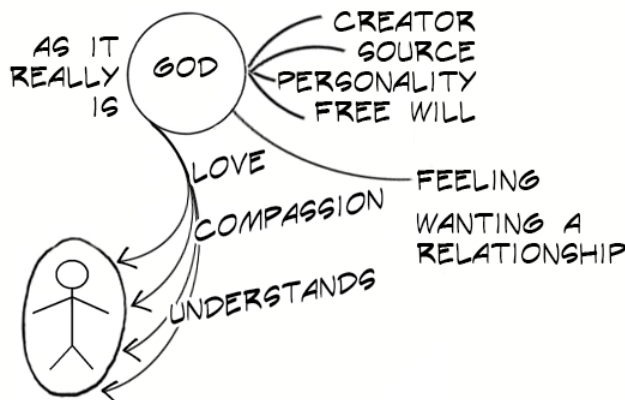


Approaching another person we are attracted to involves taking action, exposing our heart and an element of risk

Now, if we take action and we take that risk and we let our attraction be known to the other person, then having a relationship with that person is dependent upon them also feeling something in return, is it not? So they would have to feel some kind of attraction or at least some kind of interest in order for us to spend more time together and start to get to know each other and so forth. That would have to occur at some point.

4.2. Starting a relationship with God

Now if we just take this person out of the picture now and we're talking about a relationship with God, God already has the feelings of wanting a relationship. In other words, God already has the feelings of love for us, of compassion for us, of understanding us and so forth; there are all these feelings that God has for us already. God is not injured in the sense that God is not worried about rejection. So God is not afraid of you rejecting God. You're allowed to reject God at any time and God does not change Her Opinion of you. God does not change the way She interacts with you because She's loving and a person who loves doesn't change just by the result of somebody else and what they do.



God is already wanting a relationship with us

So you can cheat on God for example if we could use that term and God would not be upset. We could be dishonest with God and God wouldn't get into a rage because God has all these feelings of love and compassion and understanding for us.

4.2.1. God is not injured in love

So if we look at the relationship, can you see that God, or the Creator or the Source, whatever you would like to call God, is not injured; God is not injured in love. God does not have emotional injuries in the way that God expresses love.

Now when we enter some kind of a relationship with a person on Earth, most of the time the person on Earth that we're entering a relationship with does have injuries with regard to love. It's very rare to find a person who doesn't have an injury with regard to love on the Earth. The reason why is the person has grown up in an environment that often certain things that were said to be loving occurred which weren't actually loving, where rage was expressed towards the person and they then were told it was love to be angry, which is not true. But that's what the person comes to believe.

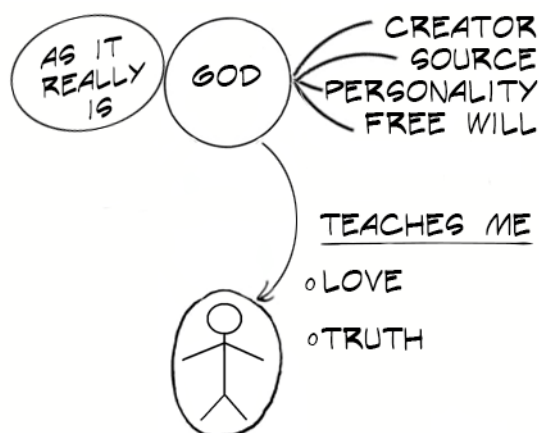
Sometimes it even becomes so bad that the person believes that violence is love; where they believe that somebody loves them when they express violence or anger emotions to them - they believe that's love. So in a relationship on Earth the other person and ourselves are potentially going to be injured in love. So this point that God is not injured in love is a very important point.

5. *God teaches us about love and truth*

If we develop a relationship with God and God is not injured in love, then to develop the relationship we're going to have to let go of all of our emotional injuries about love to actually have the relationship. So God will be able to teach us everything about our injuries with regard to love because God is not injured in love.

The problem with engaging a relationship with a person is that there is a high potential of the other person being injured in love somehow. So we can engage the relationship but through that relationship we're not always going to learn about our own injuries in love because the other person may believe certain things are good when they're actually not loving, and we may finish up taking on that instead. But when we develop a relationship with God, because God's not injured in love, I know that if I can't feel God's Love, there's got to be something wrong inside of myself that's blocking it, that's rejecting it.

And if I can't feel God's Nature and Qualities and Attributes, there's got to be a reason inside of myself that causes me to not feel those particular things. So what that does, is this relationship then can teach me. It first teaches me about love; because God's not injured in love, if I cannot feel love coming from God there has got to be a reason inside of myself that I'm blocking it. But it also finishes up teaching me about other things like truth for example - universal truth, the knowledge of the universe; because every time I think something that is in error or believe something that is in error about God or the universe, then obviously I will be blocking God, so there'll be an automatic feedback system that teaches me that my opinion is incorrect. So it can teach me truth and it can also teach me many other things that I need to learn about. It can give me knowledge as a result of the way it teaches me.



God is able to teach us about love and truth

So, one of the most powerful benefits of having a relationship with God is that it's a great way to discover truth, because the relationship can only be maintained while we are in a truthful condition. God's always in a truthful condition. Remember God always sees everything as it really is, which is truth. So as God always sees everything as it really is, if we don't see it the same way then eventually it will block our relationship with God in some way and that will give us some feedback, and that will tell us that we are out of harmony with how things really are from God's Perspective. So we can learn everything about how things really are through that relationship, and I see that as a major benefit of having a relationship with God. [00:51:05.04]

5.1. *Being able to discover absolute truth*

Most of us have a lot of trouble in our lives, is that not true? Like in a course of a seventy or eighty year life, even if we've had a relatively smooth life or we feel we have, generally there has been some kind of pain, there's usually been some

kind of physical pain at least. Generally there has also been some kind of emotional pain. In addition we often feel frustrated with not knowing enough about life and we investigate things.

Unfortunately a lot of the times we investigate a certain subject and there always seems to be people who say they know about the subject who believe exactly the opposite of another group of people who know about exactly the same subject. Have you noticed that? With every subject you could ever choose to investigate. Even if it's a scientific subject, you often see that occurring where one group of scientists believe one thing, and another group of scientists believe another thing about exactly the same subject - they both believe different things. And that causes us so much frustration as well.

We end up feeling, “How can we ever know the truth if that's the way it is?” and we start believing that there's no way that truth is even available to us. We even go down the track of feeling hopeless about our desire for truth in the end, and in this process there's also some emotional pain as well, where we start to wonder, “Is it really worthwhile finding out about these bigger things in life?” Maybe the best thing we need to do is just live our life and then we die and hopefully we find out after we've died, something different exists.

Unfortunately many of us even come to the viewpoint that we don't even believe there is something after we die. Much of mankind believes that after you die, you're just dead and there's no advantage of doing anything right or wrong or good or bad or anything like that because in the end we're all just dead anyway. Many people have that viewpoint as well. So there's all this sort of emotional turmoil and pain that a lot of the times we try to suppress in our life. So instead of answering questions like all of those kinds of questions that we have, we go, “Well there's no hope of us ever knowing the answer to those questions so there's no point in trying to investigate that in any way.” My feelings are that a relationship with God can correct all of those things.

5.2. God can teach us about the cause of physical problems and aging

Firstly, let's look at the physical side of things. Most of us get sick sometimes in our life, do we not? Most of us have accidents at some point in our life, don't we? And eventually we all die. But in between dying, we also grow old and wrinkled. As we grow older we get more wrinkled and we look at our reflection in the mirror and we go, “Gee, I wish I had what I know but the body was still twenty-five.” Isn't that how many of us feel when we look in the mirror? We'd like to have what we know or what we've learned since then but still have the physical fitness to be able to embrace that in a more positive way, but we all grow old.

Now I don't know about you but all of those things to me are an indication that something's wrong. Because if God was perfect and all knowing and therefore knows how to create a perfect system, it would make sense then that God would know how to create us perfect and therefore we'd have the ability to stay perfect, forever. We'd have the ability to stay alive forever.

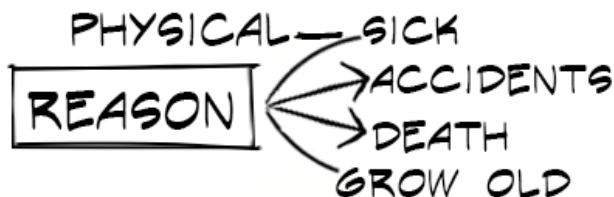
In fact scientists actually have no idea why we die. They've found a gene in the human body that's called the death gene and they're trying to work with that gene what causes us to die but there's no real reason that they can find as to why our body can't keep repairing itself and fixing itself up and replenishing itself forever. They don't understand why we die, and I feel that all of that is an indication that God made us to not die. [00:56:03.16]

God made us to be perfectly well all the time, to never have any accidents, to never grow old and to never die, and to me that is one of the major benefits of a relationship with God because all of those things are achievable.

What about retirement? I feel like retirement is something you could choose to do at any time in your life - you've got to make room. But the beauty if you look at the universe itself though from a purely physical perspective, there is a huge amount of room in the universe. So it's only knowledge that prevents us from embracing these other locations in the universe to even be able to travel there, so there is no real physical reason why we would need to die because in the end we could travel to other locations in the universe and be in those locations and live there, if we had the knowledge.

So I sort of see it like there's no reason whatsoever for any of us to experience any of those things. So that sounds a bit utopian does it? Well God makes utopian systems. And so whenever things happen that are out of harmony with utopian systems, there has to be what I would classify as a scientific reason why it occurs; there has to be a reason why we get sick, there has to be a reason why we have accidents, there has to be a reason why we die, there has to be a reason why we

get all wrinkled and grow old even. There has to be reasons. If there are reasons, then surely this relationship with God would teach me the reasons. God would know the reasons, wouldn't He?



If God is the Creator and the Source of all of this life, God would surely know the reasons why all these things happen. So it would make sense to me, if I develop my relationship with God, that I will automatically start finding out what the reasons are and if I know the reasons why these things happen, then I have the ability to correct them. If I know why they happen, I can correct why they happen so they don't happen anymore. And that is actually the truth. The truth is our relationship with God will cause us to finish up understanding the reasons why this painful or suffering-based experience occurs so much that in the end we will no longer get sick, we will no longer have accidents once we engage these reasons. We will no longer have accidents, we will no longer die and we will no longer grow old.

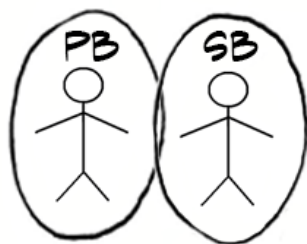
So a person who truly engages God for the rest of their existence eventually has the hope that there's no need for them to grow old, no need for them to get sick, no need for them to die. There are reasons why that happens and the reasons have to be something that is out of harmony with God because if they were in harmony with God, none of those things would be happening. Now if that makes sense logically, what finishes up happening for most people who look at that and they go, "Now we're talking about some kind of utopian dream." And in fact I feel that these things - sickness, accidents, death, growing old - are many times all the reasons why people no longer believe in God.

You see that happening quite a lot when you talk to people when they have an accident and they get sick. There are these things that are happening to them that they don't understand. And if they had a faith in God before these things happen oftentimes they don't have faith in God afterwards. Yet if God is the Creator and the Source of everything in the universe, including all of the energy of the universe, it would make sense that there must be real reasons why all of these things occur. And if I get closer to God and develop a relationship with God, I will get to know all of those reasons. That's going to be one of the benefits of the relationship with God. And once I understand the reasons, I can then apply them and therefore never get sick again. And I can apply another thing and never finish up having accidents all the time. And I can apply another thing and eventually instead of growing old, my body starts growing young again, and that is our potential.

Scientists don't understand why we don't grow young again; they haven't discovered the reasons but there must be a reason. So now scientists are looking for the reasons by experimenting. I'm saying if we find the reason by connecting with God and letting God tell us the reasons, then we'll know a lot sooner what the reason was as to those events occurring. Once we know the reasons, we then have the ability to correct them, to correct the underlying cause so it doesn't happen anymore. In my mind that's a major benefit of having a relationship with God. A major benefit is all the pain and suffering in my life that I currently experience can all be erased if I understand the reasons why it occurs. If I have this relationship with God, I will eventually understand the reasons why it occurs and therefore cure every one of those things. [01:01:52.15]

5.3. God can teach us the cause of spiritual pain

Let's look at it from a different perspective - a spiritual perspective. After a while in this relationship with God, I come to understand that not only do I have a physical body but I also have another body, a spiritual body. When I die, my physical body dies, I start experiencing my existence through my spiritual body. So I start understanding that I actually am now a spirit once the physical body has died.

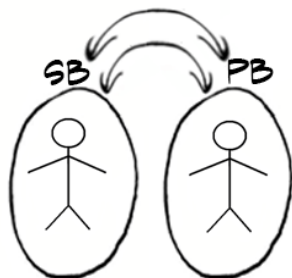


We have both a physical body (PB) and a spirit body (SB) attached to our soul (not shown)

That being the case, in view of the things that affected the physical body, which we just talked about - the pain, the suffering, the accidents, the sickness and all those kind of things; obviously there must be things that effect the spiritual body. And in my relationship with God, I can start getting to know what those particular things are that affect the flow of energy in my spiritual body; the things that affect me spiritually.

So what I start to see through this relationship with God is that I don't just have one body anymore, I have two, and in fact there is even a third thing that I have but we haven't discovered that yet. Initially we discover there's this spirit body and then we start understanding how this spiritual body works; how the actual spiritual body, the second body that we actually have, which is all of us right now have, and even all of the spirits that are with us here today have as well; we start understanding how it works. So when it has different energetic flow problems in it, we can start understanding the reasons for it - what is actually occurring? What is the underlying reason why this spiritual body is not functioning properly?

Just as there are pains in our physical body, there is also pain in our spiritual body that we can begin to address and understand. We can understand why the energy doesn't seem to flow in certain parts, we also see the relationship between the spiritual body and the physical body; what happens in the flow of the energy of the spiritual body and the effect that that has on the physical body. In other words, when we've got problems in different parts of our body, like with our heart or with our bowel or with any other problems in our body, with our arm, our shoulder, all sorts of pains and different problems we tend to get, we start to see a relationship between what's going on in the spiritual body and how it affects the physical body. So we start learning about things like energy and how it flows, and we start being able to do things with this spirit body including travel with it.



Our relationship with God can teach us about the interactions between our spirit body (SB) and physical body (PB)

So for example, I know farmers who now check their fences - not by driving their four wheel drive around all of their fences but they lay down on their bed and they go out of their physical body into their spiritual body, and they fly over all their fences. They check their fences and any that are broken, they know exactly where to drive to. And sure enough they drive straight there and that's where it's broken and they fix that up. It saves them lots and lots of time because they understand how the spirit body works and what goes on with the spirit body and how you can utilise your spirit body in terms of experiencing your life.

5.4. God can teach us about our soul

Even further to that we start discovering through this relationship with God that we actually are also one half of a soul. In other words, there's my physical body, there's my spiritual body, and then I'm one half of a soul. And after a while I start understanding that there's another half of my soul that fits perfectly with my soul, that's made just for me; the other half of myself, my soulmate if you like - my other half. In my case it's a female, and she has a spirit body and a physical body of

her own that she can also learn how to use in exactly the same way that I have. There is also a way for us to come closer together as well when we have a relationship, where we have a flow of things going on and we start to see the relationship between the soul and all of the other things that are happening to my two bodies.



Our relationship with God teaches us about the other half of our soul and the interactions between the two halves of the soul

So I see the relationship between the soul and the two bodies that I own, the spirit body and the physical body, and I start to understand the creator of all of my sickness, all of my accidents, my old age and everything else that happens to me is my own soul; that's the creator of it. And in this relationship with God, God teaches me this process of understanding the causes of what's really going on inside of the soul and how it affects the rest of my life.

5.4.1. Healing ourself and others

So imagine for a moment if you could cast your mind back over your life, and you could rub out every single negative, painful event that happened to your physical body, you could reverse the ageing process and look twenty-five when you look in the mirror, imagine that for a moment, and you never have an accident again, no matter what you do, you never seem to have an accident because you know how to control your bodies and you know the space in which your bodies are, so therefore never get damaged through it.

Now you imagine if all of those things had changed in your life and you look back on your life in comparison to looking back on your life as it has been, can you see some major benefits? Surely there are a lot of major benefits if that were achievable. And what I'm saying is that is achievable through the relationship with God. It is achievable to have those things. In fact it's not only just achievable for you, the one half of yourself.

It's also achievable where you can understand it so much that you can actually heal other people's bodies through the actions that you take, where you can actually heal the bodies of animals and other creatures as well through the actions you take. So that it not only then benefits you but it benefits absolutely everybody who ever comes in contact with you by understanding that knowledge. To me that's a major benefit of the relationship with God.

5.5. Reversing the aging process and physical ailments

Participant: Just talking about the physical body, so are you saying if we have a connection with God then let's say somebody of seventy years old would over time start to look twenty-five? And if they had grey hair it would go brown again or whatever colour it was at birth?

Yes.

Participant: Wow.

Yes. Mary and I have noticed a lot of that happening already in our bodies. Like with me, I had a period of time where I started going grey and now when I look at my grey hairs, a lot of the time I pull out the grey hair and the end of the hair is grey but the rest of it's now growing brown again. So as you deal with different causes for each of these things, all of a sudden things will start changing in your own body. So a person whose body isn't changing, immediately that tells me their relationship with God is not developing because if your relationship with God develops and grows, your body will change automatically.

Participant: What about things like severed limbs, can they grow back?

Yes they can.

Participant: And surgically implanted metals you know from surgically? And false teeth?

Yes. Your body can also destroy them and get rid of them.

Participant: Wow.

Because it doesn't need them anymore. There are all sorts of things that can happen to your body as a result of your relationship with God and the reality is that every single person who exists in the eighth dimension of the spirit world, in an at-onement condition with God, they all have no physical deformities in their body. Not a single one of them have any physical deformity, they have no wrinkles, they are perfectly able to use their body, perfectly and completely. In the lower dimensions of the spirit world there are plenty of people with wrinkles still and there are plenty of people who are still old and still have sicknesses and still have hurts in different parts of their body but once you reach that at-onement condition with God then all of those things are completely gone.

5.5.1. An example of growing new teeth

Participant: What about things like caps on your teeth?

Well once you reach the at-onement condition you can grow new teeth. Well if you think about it, when you were little and when you were like two, three, four, five years of age, you had one set of teeth. Now they all dropped out and you didn't freak out about it, did you? You weren't concerned about that because your body grew another set. (Laughs) You didn't freak out about it, your body grew another set of teeth, so why doesn't your body grow another set of teeth after that and another set of teeth after that and another set of teeth after that? Can you see logically there's no reason why the body can't do it, can you see that? There must be a reason why it stops growing teeth. Your teeth grind down don't they? They wear out, so it would make sense that your body would just drop a set and give you a new set every time you needed a new set. Would that not make sense? And yes when you're at-one with God, that is exactly what happens; your teeth start falling out and you'll get new teeth. You won't have the old teeth you had anymore. [01:13:09.07]

6. Audience questions about the soulmate relationship

6.1. The importance of the soulmate relationship

Participant: Is it necessary to have a relationship with your soulmate on any level to fully develop?

Well the short answer is yes. The reason why is because they are the other half of you so how are you going to discover you without the other half of you being present?

Participant: So it's got to be physical and spiritual?

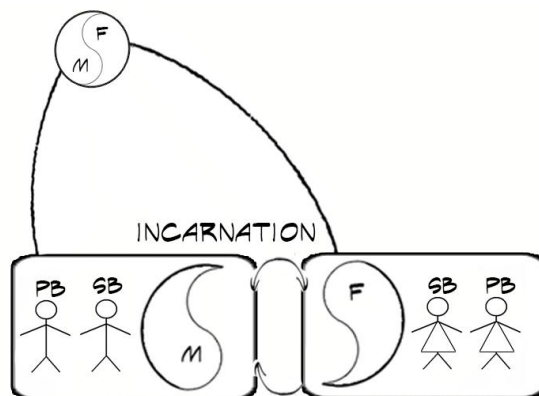
Yes. The person might have died already but you can still have a physical and spiritual relationship with them, yes. And you will need to do so if you want to continue to grow because they are the other half of you. If you're not having a relationship with them, you're yet to discover at least half of yourself. So you know we can discover everything about ourselves but if we're not discovering the other half of ourselves, we've still got half of ourselves all shut down, really.

6.2. Soulmates separate at incarnation

Participant: How did the split occur?

The split occurred at incarnation, the very first moment we were conceived. The way God created souls was that souls are created together as one unit. At incarnation, once the bodies are conceived, and remember there's two bodies that are conceived, the half of the soul splits from the other half of the soul and incarnates and becomes the half of the soul now being expressed on Earth and in the spirit world. And the other half of the soul at some point after that does the same

thing. And the incarnation process is a natural process of our growth so that's what happens when we first incarnate, that's what I'd call incarnation. And that's really the process of getting to know ourselves.



The soul splits at incarnation and each half attaches to physical and spirit bodies

In the case of a male, we get to know the masculine part of ourselves and then the other person gets to know the feminine part of herself. Then by having a relationship, I get to know the feminine half of myself through that relationship and she gets to know the masculine half of herself through the relationship and eventually we will grow and become one again, but fully realised. We fully know who we are. Now if we don't engage one half of our soul, can you see it's impossible for us to get to know at least half of ourselves so it's going to be a bit difficult for us to know ourselves completely while the other half of our soul is being rejected? [01:15:51.04]

7. God teaches us about love and truth (continued)

7.1. Drawing the other half of our soul to us

Participant: So how do we know who our other half is?

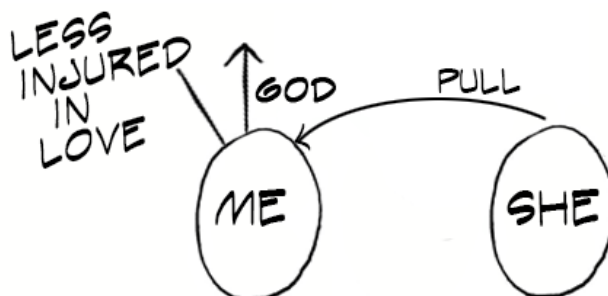
Well that's a question for another discussion because we're focussed here on our relationship with God. I have had some discussions about that, there is a series of talks I gave called the human soul, these are downloadable on YouTube and the series of talks is called "The Human Soul - The Soulmate Relationship", and it discusses how we incarnate right the way through to how we can discover the other half of ourselves through the process of embracing our life and embracing our desires. There are two sessions to it I think you'll find, there's session one and session two, so there are four talks that are a part of that. So you have to listen to about ten hours of material for that. But what I'm saying is that the relationship with God automatically causes us to be more and more open to our other half of ourselves.

Now if I can explain how that occurs. Remember I said I am half of myself, the other half of my soul, which in my case is a she, is Mary over there. Now, if I grow towards God, because God's not injured in love in any way, as I grow towards God I have to become less injured in love in order to get closer to God, so I'll be less injured in love. As I'm growing towards God, to have a closer relationship with God, I will have to learn things about love that I didn't know before and in the process of learning things about love that I didn't know before, I become less injured in love.

So since I become less injured in love, I become more open towards anybody who wants to love me. I am no longer worried about the risk of love or worried about getting hurt or worried about what will happen to me if I fall in love and what they might do with that. I won't worry about any of those things because I am less injured in love, I don't have the feelings like that anymore where I'm worried about taking a risk and I'm worried about being rejected and all those things, all of those things disappear from me as my relationship with God grows.

Since it disappears from me, it's like I'm initially closed with my arms crossed close to his chest, trying to protect my heart from anybody hurting it. Eventually as you grow in love and you release more and more of your injuries about love, it's like your arms become open, your heart now is also open so your heart is now open towards the other half of yourself.

Now the other half of yourself is going to find that very attractive because they're no longer closed and they're no longer being closed down by us but rather we want to embrace them, we want to get closer to them. So in my relationship with God growing, my heart automatically becomes open because I've become less injured in love, my heart automatically becomes open to the other half of myself. Sooner or later, due to this openness, the other half of myself will feel a pull of attraction towards me, whether she or he likes it or not, she's going to be attracted because she or he is after all, the other half of you. So of course they're going to be attracted.



Growing towards God and becoming less injured in love pulls our soulmate towards us

So the beauty of the way that I get the other half of myself close to me is by getting closer to God, and through that relationship, removing the emotional injuries that cause me to be blocked in love and the more I remove those emotional injuries that block my love and block the flow of love into me, the less impediments there are to having a relationship with another person on Earth or in the spirit world who is the other half of myself. [01:20:41.25]

8. Audience questions about the soulmate relationship (continued)

8.1. Correctly identifying our soulmate

Participant: Can I just ask you, how come we know many people who have been practicing what you're saying for a few years now who believe themselves to be soulmates? How have they attracted their soulmate without actually doing much of this work? They're only in the initial stages probably of going through a lot of this.

Well firstly, a belief is not a truth.

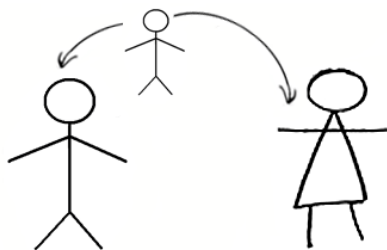
BELIEF - NOT A TRUTH

So just because I believe somebody is my soulmate, it doesn't make it true. That's number one. Many times people believe a certain person is the other half of themselves but then as they progress towards God further they realise that that person wasn't and the only thing that attracted them to that person was some emotional addictions that they had. And once they become more loving, they realise that person wasn't the person who they believed them to be.

Now my feelings are that most people who believe they know who their soulmates are, don't know. That's the reality and the reason why they don't know is because they're still carrying injuries of love themselves which prevent them from knowing, that also prevent them from attracting their soulmate.

8.1.1. Possible spirit influence

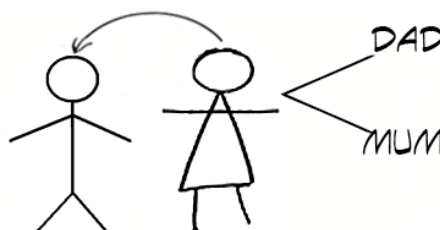
Now of course it could be that spirits are around the person, it could be that I have a friend who's in the spirit world who thinks he's my friend tell me that this person over here is my soulmate. So he tells me that. Well I wouldn't call that knowing - I'd call that just a belief. And it's not necessarily a truth. It could be that that person likes that woman so much that he thinks that she should be with you and so a lot of people have those kinds of interactions occurring as well.



Some people think another person is their soulmate because a spirit has told them so

8.1.2. Releasing inter-gender emotional injuries

To truly know who your soulmate is, you must grow in love, in particular with regard to the gender-based differences between a male and female. In other words, I need to understand the emotional injuries I have with my dad and I need to understand the emotional injuries I have with my mum.



To identify our soulmate, we need to release emotional injuries pertaining to our dad and mum

Once I release a fair portion of those emotional injuries, my soulmate will be attracted to me. And if I release a fair portion of those injuries, I'll be able to see that person and I can feel, "Yes it's not that I like them, it's that I can feel they are the other half of me, they have exactly the same attributes and qualities that I actually have, they have almost the same personality that I have but expressed in a feminine form, they also have a very similar nature that I have, they have very similar desires and passions that I have, in fact almost exactly the same ones that I have," and you are able to see that once you've released these injuries.

If we have not released these injuries, then any belief that we have about somebody being our soulmate or not is just a belief and we must remind ourselves that it's not a truth. Potentially it is a truth but it doesn't mean it is a truth just because I believe it. And I feel the majority of people who say they've been practicing a lot of the things I've been teaching have not released many of their mum and dad based emotional injuries because to release those injuries you've got to go through a process.

There's usually a process of fear that you've got to work your way through because you're terrified about becoming yourself and you're terrified about what everybody else will think about you becoming yourself and you start to go through this process of working on yourself. Because of that you will go through a lot of what are called addictions, you'll find that you have an emotional addiction to this kind of person and an emotional addiction to that kind of person. So for example, if you're a male, you might realise that you have an emotional addiction to any woman that's nice and soft and gentle and there's a reason for that. [01:25:14.18]

Now what if your soulmate's not nice and soft and gentle? Of course you'll never see her because your attraction is based on an injury that you have just to that kind of a woman. Or you might even just be attracted to a certain height woman with a certain body shape and not attracted to any other woman who has a different height and a different body shape. Or you might only be attracted to people who you know do a certain type of job or whatever. For all of these attractions that we have on the planet, most of them are injury-based attractions. Once you work through the fears, addictions that you have and get down into the grief of those things, then you become more and more open to knowing who it is and that's not the same as a belief. Knowing is all about basically God showing you who it is through a process which demonstrates to you that the person has the same nature as you, the same personality as you, the same desires and passions as you, just expressed in a different body. Once that occurs, you recognise the person very easily.



Fear, addictions and grief relating to our mum and dad need to be released in order to be able to recognise our soulmate

But to be honest, it took me fifteen years of emotional work to get to that point where I could recognise my soulmate easily. In between that time there were a couple of times when I thought somebody was my soulmate or somebody told me they were and I might have believed them for a short period of time and then I worked through something and then I realised, “No that person is not.”

So I feel a lot of people on Earth want to know the answer to the question but they don't want to engage their relationship with God to cure the unloving emotions. The beauty of the relationship with God is I become less injured in love so therefore I am releasing these emotions that I have with my mum and dad that cause me to be injured in love. I have to work my way through fear as an emotional experience, I have to work my way through my addictions as an emotional experience and I have to work my way through childhood grief as an emotional experience. Once I do that, I can now see very clearly who I'm looking at, not seeing them physically but actually feeling them emotionally. And once I get to that point, I can recognise who my soulmate is.

Now for the majority of people who are in the spirit world, that only happens when they are in the fifth dimension of the spirit world.

5TH

Most people who pass from this Earth pass over into the first dimension of the spirit world. So that means there are four or five more levels of growing in love that they need to make before they'll even see their soulmate. In the spirit world I've been involved with showing somebody their soulmate and they've totally rejected it. So I've actually taken somebody to someone else and said, “Look, this is your soulmate,” and they look at the other person and say, “Yeah really? No I don't think so,” and then gone away. And some of them have gone away for hundreds of years from that person, because they don't want to grow towards God, they're not refining their love and as a result, they stay stagnant in a dimension, preventing themselves from ever discovering the other half of themselves. I've seen that happen many times.

8.1.3. When God's Truth enters us it is certain and not temporary

Participant: Can you temporarily know though? Like sometimes with me and my partner we'll go through an emotion and then we can feel the love through the truth and experiencing the error, you can feel the love.

Can I give you a straight answer?

Participant: Yes.

No, you can't temporarily know. If you temporarily know, it's because you have a belief, not a truth. See the way that the truth enters you from God is that once a truth enters you from God, you know for certain, and in fact it's proven to you for certain as well. So your belief doesn't shake, it doesn't go, ‘Yes, no, yes, no’ anymore. It goes, “No, I know the exact truth on that particular issue now.” Now up until that time, we're in a process of experimenting. Up until that time we're in a process of working through beliefs relating to these emotions that cause us to not know. But once we've worked though to a certain point in time, we will always finish up knowing for certain. And once we know for certain, we will not be shaken in that belief, we won't go, “No I don't believe it now,” or, “Yes I do,” but when some stress comes along, we won't change our mind. [01:29:52.08]

That's the way it will be once we truly do know and have been told from our relationship with God. Most people don't allow that to occur because they'd like to believe somebody's their soulmate under certain conditions and then under other conditions they'd like to believe they're not. I've actually gone through that emotionally too where somebody treats you nicely so you like to believe that they're your soulmate and then they treat you badly so you hope they're not your soulmate, and you cycle through those particular things too. That's not what it's like when God, through the relationship, tells you who your soulmate is. When God tells you, from that point on it is very certain and solidified within you and it's impossible for anybody to shake you because you know for certain this other person that's the other half of you.

So if there is this feeling where sometimes I believe they are and sometimes I believe they're not then you're best going down the track of, "Well obviously we don't know that truth yet and the only reason why we don't know a truth yet is because we are blocking God from telling us the truth through an emotion; that's the only reason why we don't know something."

So what we'd need to do there is talk to God about what are we blocking? What is it that causes us to not know sometimes and know other times and then have our changing mind? Because the reality is once we're in a connection with God on the subject, our mind does not change after that point. Remember I said earlier that God knows what is really true, what is really the case.

WHAT IS REALLY TRUE?

God knows it and once I am connected with God enough on a particular subject, and remember there's millions of subjects you can be connected to God about, so you can actually be connected to God on one subject but totally disconnected from God on another subject based on different emotional feelings you're having that prevent you from connecting. But once you connect with God on a particular subject, God through that connection will tell you the truth. It will solidify in your heart; you won't be shaken after that.

Nobody will come along and say, "I think I'm your soulmate," and you'll go, "Oh maybe they are." Nothing like that would ever happen again if God has actually been involved in this process with you. So if that is not the case then you've got to say, "Okay the fact is that my belief is changing," so you've got to be honest about that and then understand that if my belief is changing then it can't be a truth yet, it's just something that I have to put on the side and say, "I'm yet to resolve this yet as truth or not truth." That's the best way to approach it.

Now the earlier question was that many people who've been following the path for some time believe they know who their soulmate is, and my answer to that is that most people who believe they know who their soulmate is, don't know yet. Now some of them have been told by spirits around them, or something like that, but that doesn't make it the truth either. It has to be a truth that comes to you through your relationship with God, and then you'll know. [01:33:15.02]

8.2. *Typical age gaps between soulmates*

Participant: I was just thinking do soulmates have to be the same physical age?

No they don't. The way the incarnation occurs is that the first half of the soul incarnates and the second half of the soul follows the first half of the soul around until it has the opportunity to incarnate. While that is the case, you may finish up eventually twenty years apart; it just depends on when the second part of the soul has the opportunity to incarnate. But most soulmates are usually five to ten years apart, or in that range. Obviously the further distance away the less souls are in that range, so most souls are within five to ten years of incarnating with each other. It could be that our soulmate's incarnated and then died and so they're now in the spirit world but we can still find them and we can still draw them to us and we can still have a relationship with them. And as we get less injured in love, those relationships can develop. So it's a very powerful tool.

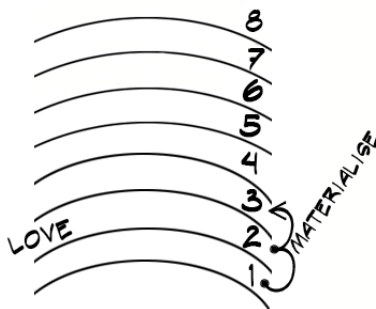
8.3. *Having a relationship with a soulmate who has passed*

Participant: Did you say earlier that if our soulmate has died that you can have a physical relationship with them even if we're on Earth?

Yeah.

Participant: How does that happen?

Well remember there's different spheres or dimensions in the spirit world. Let's draw them linearly, so there's one, two, three, four, five, six, seven and so forth; there are many dimensions. Now as your soulmate grows, they actually enter these different dimensions as they grow in love. They will enter a different dimension. Now once you get to the third dimension of the spirit world, there is the ability to materialise a body for short periods of time. As you grow in these different dimensions of love, once you get to the fifth dimension, you can materialise a body for a fair long portion of the day, for example you know three, four, five hours at a time, because it takes energy to do that. Once you become at-one with God, which is in the eighth dimension, you can materialise a body for as long as you wish to use it.



As a person grows in love through the different dimensions of the spirit world, they are able to materialise a body on Earth for longer periods of time

8.3.1. Spirits can materialise on Earth

Participant: Can you materialise a body on these other ethereal dimensions?

Yeah once you progress in the spirit world, after you've died.

Participant: I thought they have a body up there anyway?

They have a spirit body anyway but you can materialise a physical body.

Participant: For use down here.

For use down on the Earth.

Participant: So you can appear to somebody.

You can appear to somebody.

Participant: Like the woman who appeared to Cobb Lacrosse?

Exactly.

Participant: Right, remember the story?

Yes. And there are many people who've had appearances of spirits who have appeared on Earth and they've only appeared generally for short periods of time because it requires amounts of energy to maintain these connections. But as we grow in love, we can maintain these bodies on Earth. So if you're soulmate had passed and they grew in love towards God to such an extent, to the seventh or eighth dimension where they could maintain a physical body, you can have a physical relationship with them. [01:36:44.06]

Participant: What about that guy Papagei, who doesn't die?

Well that's not strictly true, there's a lot of false information about him that I think ...

Participant: In Yogananda, the autobiography of Yogananda.

Yeah like I say.

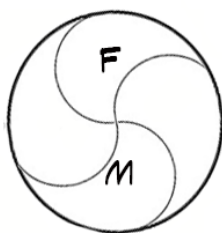
Participant: It seemed fairly authentic.

Yeah there are a lot of things that seem authentic from spiritual experiences but there are other explanations for the experience. I've described them in other talks but on this one I want to focus on the relationship with God if we can.

8.4. Proportions of homosexual and heterosexual souls

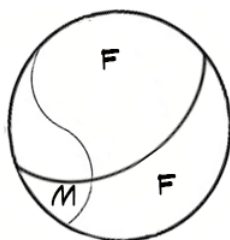
Participant: I can't remember if you've actually said, is it ten percent of souls that are gay?

I haven't given a percentage. Remember I've previously described that every single soul has a varying amount of masculinity and femininity. This is the complete soul; so if it was half and half and the soul splits then there is a likelihood that half will be a male and half will be a female.



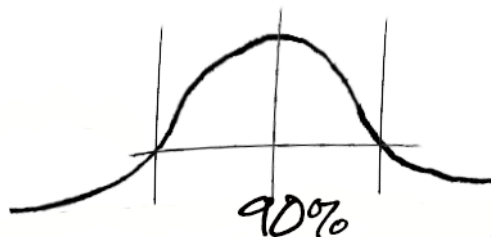
Complete souls have varying amounts of masculinity and femininity, and how the soul splits determines the gender of each half

But some souls have less masculinity in them and more femininity. So when that splits in half, mostly they'll be attracted to two female forms. Now that being the case, both halves of the soul will be attracted to the female form so you'd classify them as a lesbian. But they are just two halves of the soul attracted to physical bodies and spirit bodies that are feminine in nature to express themselves in their femininity and as a result of that, they will then be soulmates still.



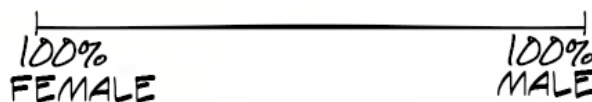
A soul with more dominant feminine qualities may split into two halves that are both attracted to female bodies

Now in terms of how often it happens, if we look at a standard distribution curve of any particular event that ever occurs in the universe, there is always a certain percentile range where ninety percent of the people fit in amongst a certain range and others fit in a different range.



There is a normal distribution of soul qualities that God creates, with 90% of people fitting into a certain range

If you think about it from God's Perspective, from a mathematical perspective, there are potentially souls that have almost no masculinity in them and only femininity in them, and there are potentially souls that almost have no femininity in them and are totally masculine, and there is the potentiality of any soul in between those two ranges. So if you look at the range of potentials with regard to a whole soul, not for the two halves, let's say you have one hundred percent male and one hundred percent female at the other. Then obviously there is a potential for any single person in this audience to fall within that range as a half of the soul. And rather than trying to work out percentages, what you're really asking how long is a piece of string?

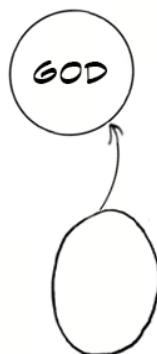


The potential range of soul characteristics that God has created

The more important question is - what is my attraction? That's the most important question. And if I'm a male and my attraction is a male, then that tells me, unless there's some emotional injuries, which I will find in my progression towards God sooner or later anyway, unless there's emotional injuries, that tells me the other half of my soul is male as well.

Worrying about the percentage is all about emotional injury actually. The emotional injury is you'd like there to be a certain number of percentages so you don't feel so unique having a gay soul. And the key is that that is an emotional injury. I understand the emotional injury because there are many people on this planet who treat gay people very badly and as a result we have a lot of emotional injuries in the gay population because of how badly they get treated. But in a purely loving environment, gay people would not get treated badly, ever. And so therefore they wouldn't have that injury where they're worried about how many a percentage there is of gay people in comparison to heterosexual people.

I don't even see them as gay verses heterosexual or homosexual verses heterosexual, I just see it as a single soul attraction to your mate, whatever gender your mate is, that's it. Once you progress in your relationship with God, you'll go beyond attraction to any other person other than your mate. So as you grow in your relationship with God, you'll get to the point where you no longer feel sexual attraction to any other half of the soul other than your mate. It doesn't matter who they are, whether they're male or female; they're the only person you'll actually feel a sexual attraction for. And that's what will eventually happen once you progress in the relationship with God.



As we grow towards God eventually we will only be attracted to our soulmate

8.5. An example of inter-gender injuries to work through a homosexual soul

Participant: With myself, my other half being female, I still need to work through the father issues as well as the mother issues?

Of course.

Participant: Because both of those genders created injury in myself towards love and going towards God.

And going towards yourself - your attitude towards yourself and your attitude towards masculinity and your attitude towards femininity were all injured in a way. So if you think about how your parents treated you, and I know you a little so we can discuss that a little, but for example when you announced that you felt you had a female attraction, how did they respond? [01:42:36.10]

Participant: My mother didn't talk to me for six months.

Okay so mum obviously had a lot of trouble with that. And she wasn't in a state of love with that. What happened with your dad?

Participant: Well he was into sexual deviation, sexual everything.

So he was sort of like bisexual, do anything with anyone or ...?

Participant: No he was a very heterosexual.

So he treated women badly.

Participant: Yeah and so eventually when I was so freaked out about telling them that I was quite old when I did.

Of course.

Participant: So by then he was into a laissez faire attitude towards everything.

But the reality is, if you look at the emotion, your mum rejected you as a woman as a result of your declaration and your father only accepted it because he actually had a terrible way of treating women in the first place, which are both going to define how you see yourself and because of those injuries, unless they're released, there's going to be a lot of rejection of the other half of yourself, no matter who that is. At the moment I would say you are rejecting yourself quite a lot and as a result of that, how can you expect your soulmate to accept you and you even feel the feelings of acceptance from your soulmate when you are rejecting yourself so much?

So can you see the beauty of the relationship with God - if we forget about that relationship for a moment and we focus on this relationship with God. There will be all these unhealed emotional injuries about love, and I become healed. I emotionally heal myself. Once I'm healed with love, once I'm in a state where I'm completely open and expansive with love, my soulmate is going to find that very attractive, no matter where they are. So they will be attracted into our life. The soulmate attraction is one of the strongest attractions, but it grows exponentially as you grow towards God, so that's why most, every single person who's ever grown towards God finishes up finding out who their soulmate is. [01:45:02.24]

Participant: And my resistance to the mother God, that feels like that's still strong.

Yes.

Participant: Is that to do with my mother not accepting myself as a gay soul or just my mother not accepting me because of other things?

Well yeah if you look at your mum, she never accepted you sexually; she never accepted your sexual orientation. She also never accepted you in so many other ways, is that not true?

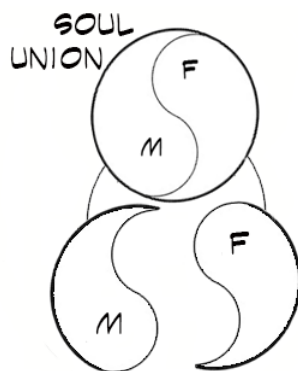
Participant: Yeah that's right.

So now, instead of saying, "Mum, you did these things to me," you're really going, "God you did these things to me." And that of course prevents the relationship with God. God doesn't feel the way your mum feels but you believe God feels the way your mum feels. As you release that emotionally, you'll have less blockages to receiving love from God and therefore accepting yourself sexually. Once you do that, it doesn't matter whether your mum accepts you or not, you are now completely open to accepting the feminine side of yourself.

Now if your soulmate's feminine, you're also then more open to accepting her as well, as a part of that process. So the best possible action we can take is to focus on our relationship with God if we really want to find our soulmate. It's the best possible answer.

8.6. Meeting our soulmate is an eternal benefit of the relationship with God

Finding our soulmate is one of the eternal benefits of a relationship with God. It's an eternal benefit because once you meet your soulmate and you engage the relationship, the soul then starts to unify again, it starts to join back together. So remember when I drew them separate here because of different emotional reasons and injuries that we have, as we grow towards God, we eventually get to the point where we recombine as a unit at a soul level.



Soul halves have the ability to grow towards each other and recombine into the soul union state

The beauty of that is that the complete soul has the ability to grow even more exponentially than the two halves have the ability to grow separately. So there are even more benefits to having this attraction satisfied through this relationship with God than what anybody on Earth has ever realised. There has been no one on Earth who has ever been in a soul union condition with their soulmate, historically. There are only a few people in the spirit world who are. [01:47:43.18]

Participant: Who are what?

In a soul union condition. I call that a soul union condition.

Participant: This is very rare?

It's very rare and the main reason why it's very rare is because most people want to hold on to their emotional injuries about the opposite gender. Most people don't want to work through their stuff with their mum and their dad and they want to have their own lives. They don't want to join together and all those kind of things and so most people maintain separateness for a long period of time. You don't need to do that but most people do. And nobody has ever joined together while they're on Earth. There are people in the spirit world who have but nobody historically on this Earth has joined together. So we don't even know what a proper soulmate relationship looks like at this point on Earth.

8.7. Having a pure longing for our soulmate

Participant: It's still a good idea though I understand to be praying to God or longing to God for my soulmate connection to open, even if I'm very injured?

Yes but you've got to be careful about fooling yourself on this matter because while you still have all of this anger and resentment and other emotions towards mum, how can you be holding onto those while at the same time trying to pray to God that you're open to your soulmate? Can you see there has to be a willingness to address these emotions?

MUM – ANGER

If you're not willing to address the emotion, you're better of saying to God, “Look I'm not willing to address my emotions so obviously I'm never going to meet my soulmate,” because truth is a part of this relationship with God, you need to be truthful. The reality is that if there is anger or resentment or other types of emotions towards any gender - mum or dad - then of course they will be imposed upon your relationship with God and with your soulmate. And you can pray that you meet your soulmate, have a longing to meet your soulmate but if you don't have a longing to address those emotional injuries, you're not going to meet your soulmate.

So my suggestion is to focus on addressing the emotional injuries in a pure and sincere way with regard to mum and dad. Stop putting it off, stop trying to put it on the back shelf and hope it will go away when you meet your soulmate, because you're not going to meet your soulmate while it's there. The Law of Attraction will keep you apart until such a time as you would deal with the issue. So address the issue that's actually there.

It's very hypocritical to pray to God for something to happen while at the same time rejecting God's Truth on that particular thing. God sees straight through us, every single time. So God knows when we're being sincere and God knows when we're not, even though we might not know. So if I'm longing for my soulmate and I'm not meeting her or him, I am obviously not being sincere. And if I'm not being sincere, I need to address the reasons why and every single time it'll relate to pain that I don't want to feel relating to something that happened in my past that I need to address, that I need to be sincere about. [01:51:02.11]

So just be very careful of having a longing in one direction while at the same time denying a whole series of emotions that would help you in that direction because that's not a sincere place, that's a hypocritical place and that's going to cause your own stagnation. In the end you will not get closer to God like that or closer to your soulmate or closer to yourself. The beauty of this growth towards God is that you'll always get closer towards yourself, always, which also means you'll always get closer to the other half of yourself, always. But if you're hypocritical or you try to fool yourself or you try to avoid pain in the process then it's not going to happen.

What I find is the majority of people say they have a longing for their soulmate but the reality is they don't have a longing for their soulmate at all - they are needy. And neediness is not a longing. You know what neediness is? Neediness is a desire to have your addictions met, and that is not loving.

NEEDY
↑
ADDICTION

When we truly have a longing for our soulmate, we will be desirous of giving the gift of ourselves to them. We will not be in a needy place for getting anything back from them. I find the majority of people who say they have a longing for their soulmate do not have a longing for their soulmate, and instead they are needy. I personally went through exactly the same experience for nine years. It took me nine years to work through my neediness for my soulmate. Once I worked through my neediness for my soulmate, low and behold, my soulmate enters my life.

8.8. The soul union state

Participant: Are you unified with your soulmate?

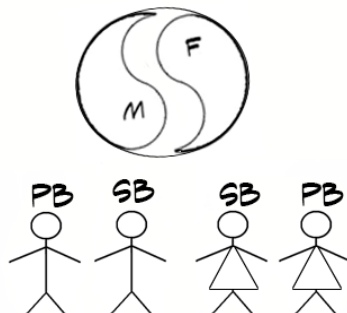
No. Well not on the Earth again, no.

Participant: Not yet.

No.

Participant: Just going back to the soul union state. I think you've said in the spirit world you drop the spirit body away? But if you go in a soul union state here in the physical realm, are the physical bodies actually going to come together?

No remember your physical bodies are just bodies, they're not the real you. The real you is the half of the soul that you are. That's the real you. These bodies are just sort of robotic designs God has made for you to express yourself, one in the physical world and one in the spirit world. So there is no need for the bodies to disappear for the two souls to come together: they're in a different dimension. There is no need for them to disappear, once they come together, it'll be one soul controlling four bodies. [01:54:25.11]

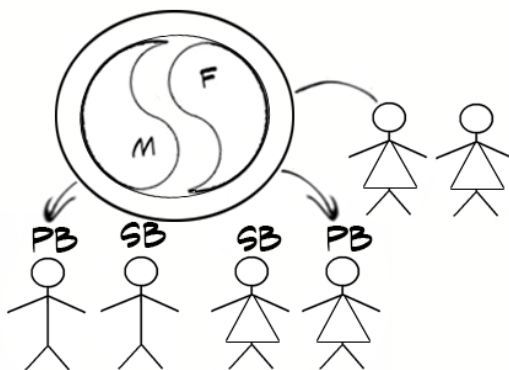


A soul in the soul union state will still use their spirit (SB) and physical (PB) bodies to express themselves in the physical and spirit worlds

It's something I haven't discussed with you yet, but potentially this one soul can create even more bodies after that.

Participant: Stop that's too much. (Laughter)

And in fact you can create hundreds or thousands of bodies depending on the power that you have to express yourself in individual situations. But you can only do that when you get a certain condition of love in your relationship with God.



A soul in a soul union condition can create multiple bodies to express itself through

Yeah so the reality is, when it comes to a soul union occurring on Earth, what I expect to happen, even though it's not happened yet on Earth, is that this one soul will control perfectly the four bodies that are associated with it and then also can potentially create other bodies, physical or spiritual in order to express itself if it so desired.

Participant: Yeah that's massive.

Yeah that's one of the eternal benefits of having a relationship with God. (Laughs) Yeah.

Participant: So in order to do that, the only way is to be in total connection with God on this Earth to have your souls come together?

Well the souls can come together without a total connection with God on the Earth but the likelihood of it happening is far more remote while I or the other half of me retain emotional injuries that block us from coming together.

8.9. Prioritising the relationship with God over the soulmate relationship

This is the beauty of my relationship with God: the relationship with God exposes all of my unloving injuries that I have inside of myself, all the belief systems that I have inside of myself that are untrue, all of those things are exploded and destroyed through this process. As a result I'm left with just the pure, sincere, loving, person that I was created to be and as that occurs then obviously the attraction between myself and the other half of myself will increase. So even if I release only half of those injuries, I have a much greater chance of meeting my soulmate than I had if I didn't release any of those injuries at all.

So again, my suggestion is focus number one, relationship with God, as your number one priority because the beauty of putting it as the number one priority is all these other things will be added to you. All of you at some point want to have a perfect relationship, generally? That will be added to you if you put your relationship with God as your number one priority. Remember God's hasn't got emotional damages with love so God can teach you everything about love, God can then cause you to become more loving through that process and then you get to the point where you're no longer unloving in any direction. And when you're in that state, it's impossible for the other half of yourself to not be attracted to you at some point. So the beauty of putting number one priority as the relationship with God is that it actually creates the ability to attract the other relationship that you're actually looking for.

①-GOD
②-SELF

And what I feel a lot of people are doing is they're not putting God as their number one priority. What they do is they oftentimes put their Earth-based relationship, looking for their soulmate, as their number one priority. And number two sometimes is God but usually its soulmates first, and God comes right down in the list.

The problem with that is that your soulmate is most probably going to be injured in love and if that is the case, you're going to meet your soulmate at some point if you grow enough, you'll meet your soulmate but because you're both injured in love and not growing towards somebody who isn't injured in love, you're going to act out these unloving things with each other. That's not going to be very good for your soulmate relationship.

But if you put God first and then yourself, which is you and the other half of yourself, as second - this is both halves we're talking about for ourself, since remember we are a half of our true self - when we do it like that, we're always going to learn from God, we're always going to grow towards God no matter what our soulmate does. And as a result of that we're always going to finish up attracting our soulmate no matter what our soulmate does about it, we're always going to finish up attracting them. And the beauty of it too is that we will be in such a condition of love when we meet them, that we'll be able to maintain the relationship without it causing us too much pain. If we can't do that, the relationship will cause us a lot of pain and that will cause us to want to split apart and then we might finish up going together, apart, together, apart for many years, causing each other a lot of pain because we're not growing towards God. It's the relationship with God that will refine us so much that we'll no longer have pain in any other relationship.

Now it's interesting that we have focussed on the soul. You all lit up once we talked about the soulmate to a large degree. Now what does that tell us? That tells us that most probably for many of us the priority system isn't God first and soulmate second, but rather the priority system is more this number one, soulmate, number two, God. And that is going to be a problem for us because at some point we'll stagnate in our relationship with our soulmate if we're not continually progressing towards God. God will teach us everything we need to know, even about our own selves, even about the other half of ourselves. As we develop our relationship with God our relationship with the other half of our soul has the ability to grow and change.

So if we focus on soulmate first, rather than focussing on God first, God will not be able to refine our unloving behaviours. So even if we're focussed on our soulmate first, we might meet our soulmate, it's going to be a very unloving relationship because we're not yet refined enough to maintain the relationship. If we put God first, God is refining us in

love, as God refines us in love and purifies our love, when we meet our soulmate we have the ability to maintain love for our soulmate even if they cheat on us and even if they hate us and even if they you know don't like what we do with our life and even if they want to punish us. Even if they want to do things to hurt us, we'll still be able to maintain a loving state with them. Can you see? Because our soulmates might not be in that good condition.

You think about it, our soulmates might be full of rage and anger when you meet them. For some of us, we've got soulmates that are murderers. They're not going to be in that good a condition of love when we first meet them and if we haven't refined our own condition of love with regard to our relationship with God, then it's going to be a pretty hard time with that person, if we haven't refined the love that's in us. That's why this is always the better course of action.

The Eternal Benefits Of A Relationship With God: Part 2

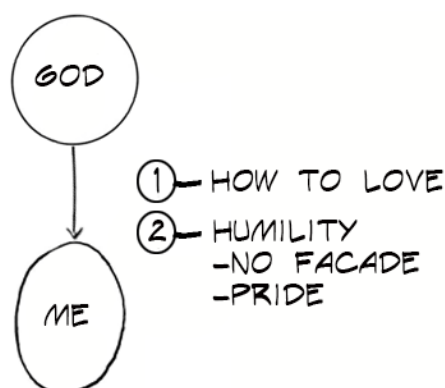
So what we've been doing is we've been talking about our relationship with God and not so much how it's maintained but rather the benefits of maintaining it.

9. God teaches us how to love and have humility

If you look at what we've already discussed, you can see that God is basically teaching us a number of things when we enter a relationship with God. Firstly God's teaching me how to love.

So God will not engage my addictions - God will want me to heal my addictions, God does not engage my fears - God wants me to heal my fears. God doesn't engage my grief in the sense of pandering to my grief - God wants me to release my grief, have a good cry and get it over and done with. That's what God wants me to do. And in that process, God is teaching me how to love, not only how to love myself but also how to love other people, and also how to love God in that interaction.

Another thing God is teaching me is this quality of humility, where we have to become real with ourselves and everyone around us. So God's teaching us through this process of how to become real, how to no longer have a facade with the way that we interact with people and we interact in a real way with individuals where people can see our personality and see our nature. And if we disagree with them we will say that we disagree with them and if we like what they're saying, we'll say we like what they're saying rather than withholding it just because we're worried that they might manipulate us in some way in the future.



God teaches us about love and humility

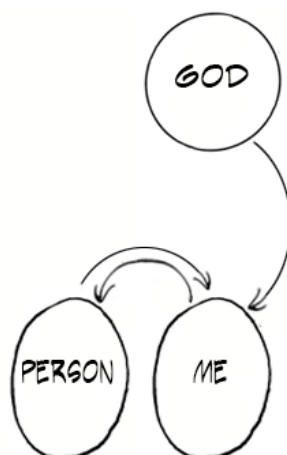
So we don't hold onto facade anymore. And God's teaching us how to no longer hold onto a façade - God's teaching us how to get rid of our pride. Pride's a huge impediment to learning. If we already believe we know, then we're not going to investigate further and when we already believe we know, we already believe that we don't need to listen before we engage something. So God's teaching us how to deal with our pride; not by brow beating us or punishing us for our pride, but rather just not engaging us when we're in a state of pride. That's how God teaches us a lot of things; by not engaging our unloving behaviour when we have it, and this helps us to work through a lot of issues in our life as a result.

9.1. The importance of humility in relationships

Now I just would like to reflect upon this humility for a moment. Humility is essential in any relationship. Do you understand why? If you have a relationship with another person and you can't be yourself with the other person, do they ever get you? Obviously not. If they can't get you, who are they having a relationship with? They're having a relationship with a facade of you, a thing that you're putting on with them, that's not the real you.

So when you're humble, you're willing to be the real you, when you're willing to be the real you, you'll present the real you to another person and now they can have a proper relationship with you. You can also have a proper relationship with another person when there's no pride in the relationship with the other person - you will listen to them, you will let them

have emotions about you and you will allow yourself to absorb those emotions. You'll allow yourself to feel those emotions that they have for you and you're humble enough to feel them even if those emotions they have towards you are not very pleasant. So if they're angry with you, you let yourself feel their anger with you. And that's a very humble place and it allows you to establish and maintain relationships under the most difficult circumstances.



God teaching us humility enables us to have real relationships with others

Now in teaching us humility, God's demonstrating that we also need to have humility with our relationship with God because how can you expect to learn anything from God if at the same time you already believe you know everything God's got to teach you? Can you see you have to allow yourself to see that, "No, I know very little in comparison to what God knows and as a result of that it would be wise for me to listen to God rather than to believe I know everything before I engage that relationship." [00:06:00.04]

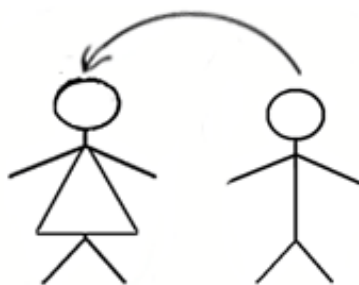
10. Communicating with God

So I suppose that brings us to the question, how do we hear God? And how does God hear us? Well the reality is that I can have many thoughts in my mind, and you are able to hear them. Have you ever tried that?

10.1. Reading others' minds

Have you ever experimented with that with somebody? It's worth experimenting with somebody about that. Here's a good experiment to engage: have yourself and a person who you don't know very well sit next to you or stand next to you and you just focus on allowing yourself to feel your own thoughts and to actually think your thoughts, and just have one thought over and over again.

When that happens, there is this energy that comes out of you that anybody who is sensitive to it can pick up and they can actually feel the actual thought that you have and interpret it into words, into language and express your thought. It's worth experimenting with.

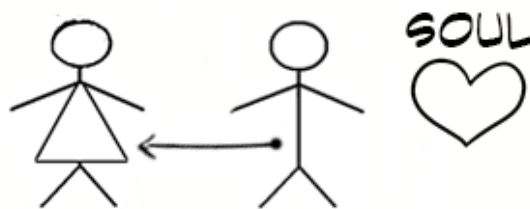


It is possible to read others' thoughts

10.2. Feeling others' feelings

Now one thing that is easier than that though is when a person has a feeling at you. Have you noticed that it is a lot easier to feel a person's feelings about you than it is to read their thoughts about you? So that tells you that your soul is really attuned, not so much to thoughts but to feelings. So it's attuned to how people feel about you and how you feel about others.

Now if you can think of your soul as your heart, in other words a part of you where you've got to actually feel it before it comes out of you. When I have a feeling in my heart towards another person, usually that feeling is written all over my face, isn't it? If it's a sincere feeling, you often see the feeling in the person's face but you can actually feel it as an emotion coming out of them towards you. Have you noticed that?



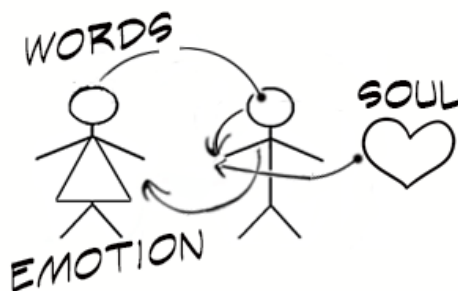
We can feel others' emotions through our soul

So we all are fairly good with that when it comes to somebody being angry with us. Most of us can interpret anger pretty accurately when it's coming out of us but there are other emotions that we're not so sensitive to - emotions that are more what you would call refined or that require greater sensitivity before we can actually feel them. Is that not true? So when somebody feels ashamed, do you notice when they feel ashamed? Sometimes if it's a really strong shame, you might notice but if it's not a very powerful shame that they have, you might not even notice it when they're in a discussion with you. And if I am completely blocked inside of myself to any shame inside of me, can you see how that would also then block me to the experience of shame that another person may have inside of them? Therefore make me less sensitive to their feeling of shame that they are actually experiencing.

But as a part of that discussion you can see that if I have a feeling coming from my heart, let's call it our soul or our heart, it is very easy for most people to feel it that are around me, particularly if that feeling is very strong. Any person who sees me or connects with me in any way will probably be able to feel that emotion.

Now for most people we require our sight to be engaged before we feel, unfortunately. Like you have this strange sensation and then you look at somebody and then you realise why you have the strange sensation because they've got a feeling being projected at you that you like or you don't like, and you instantly feel that. You've had those experiences where you feel like you're being looked at by somebody and then all of a sudden you make eye contact with the person and now you know the feeling they're projecting at you. Sometimes it could be pleasant or sometimes it might be quite unpleasant, it just depends on what the feeling is but we now feel engaged with the individual. So obviously we are very sensitive with regard to our soul in the sense of we're able to sense feelings and emotions that are projected at us individually in particular.

Now obviously this method of communication that we have is very powerful because if you think about it, if a person is just verbalising words towards us, the words enter the air and the atmosphere, they then get transmitted into compression waves and then they enter the hearing of us; these words would just enter our hearing. And then as we have been programmed into a specific type of language in the particular country that we live in, we interpret these words as thoughts that are being projected at us.



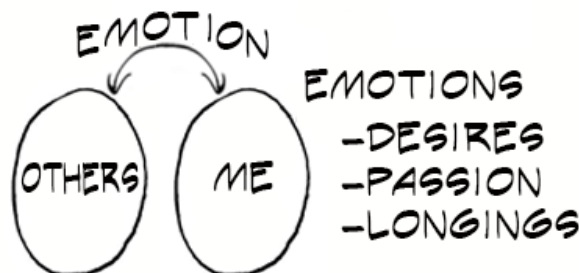
It is more powerful to feel the emotion of another directly rather than interpreting words through our minds, which then pass into our soul

But have you noticed that every one of these words generally also have feelings associated with them, and that when we engage the person we can actually feel their feelings? So when somebody says to us, “You're a bastard,” if they've got a smile of their face and a feeling that they love you at the same time, which often we in Australia do, where we call people certain things while at the same time feeling quite nice about them, we interpret their feeling rather than their words. And as a result, the words mean far less than the feelings. But if somebody says, “You're a bastard,” and he's got all this rage and all this really angry emotions towards you, now you're interpreting it quite differently because of all the emotion that you feel along with the words that are being spoken.

The problem with words is that you can say a heap of words and it can enter the mind of the person and the person can interpret them differently in their heart because of their own personal experience – that's the problem with words, isn't it? So the person can transmit words to us and say this, that, this, that, without any negative emotion and yet there might be some association inside of us between those words and something that happened in my own childhood, or something that engages a whole heap of emotion that's quite negative inside of me, and that causes me to interpret something completely different to what the person has actually said.

So the true power of our soul is not the words, it is actually the emotion that is transmitted between two people that has the power. That's the thing that we even base our entire interpretation of. Unfortunately though we also have emotion inside of each of us individually that causes us to misinterpret emotion. In other words, we go through this process of having feelings that maybe didn't come from the person but rather there were feelings they had for us that caused us to feel certain emotions. So for example, many times a person can be loved and at the same time feel not loved but feel ashamed because the love coming at them makes them feel unworthy of that love somehow because of some past events or whatever that they have not yet released and instead of feeling loved, they feel ashamed of themselves or unworthy. That's the effect that emotion can also have.

So if we summarise that in terms of what's happening inside of the soul, we can say that inside of the soul of mine, I have emotions that will also include desires, passions, longings, and I have the ability to feel these emotions but I also have the ability to feel those emotions projected from another person to me. In other words from a source outside of myself i.e. others. I can feel the emotions and the emotion projected at me causes me to feel certain things necessarily. When I say causes, it resonates with different emotions or experiences that I have had and then causes me to then interpret certain things based on the interaction.

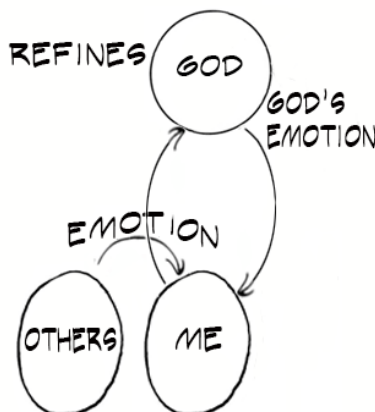


We are able to feel others' emotions, including their desires, passions and longings

So for example if you go to America and call someone a bastard with a smile on your face, there's a high likelihood you'll get a smack in the face because they haven't had the same background as we have here in Australia with the same kind of interpretation of that kind of emotion with that statement. So they often would feel angry instead of just smiling it off or laughing or whatever along with us.

10.3. Feeling God's Emotions

Now that being the case, if our relationship with God is such that it refines everything, which it is, there must obviously be a way for me to actually feel God's Emotions. If I can feel your emotions and you can feel my emotions, it would make sense that God can feel both of our emotions, wouldn't it? Yeah. But also God has emotions that come from God to us that we're able to feel.



In our relationship with God we can feel God's Emotions and that refines our ability to feel others' emotions

10.3.1. Feelings can be transmitted between ourselves and God, who lives outside the universe

Now if we look at it from a scientific perspective, if God existed before the universe was created, then it would make logical sense that God exists outside of the universe. So in other words, if God existed before the universe was created, then God existed without the universe being present so therefore God must exist outside of the universe. I'm not saying that God hasn't the ability to enter the universe, I'm just saying that God must exist outside of the universe and the universe in its creation got created and God can then enter that universe or exit that universe as God sees fit, obviously. But the universe existed after God existed. Now we are in the universe, are we not? So we are a little person, a little ant, if you like, in this universe.



God exists outside of the universe in which we live

Now if I can feel an emotion from you and we can be in the same room – that's one thing - but if you're on the other side of the world and I can still feel your emotion, that's quite different, isn't it? How many of you have experienced that you've felt the emotions of somebody else on the other side of the world? Many of you experience that when you get a feeling if your mum or father are overseas or something, "I need to phone mum and dad," and that's because generally at that moment there's an emotion being projected at you that they want to contact you, and you can feel that. And so you feel instantly the need to engage that.

Now if we can feel the emotions of people that are not in our physical location then it would make sense also that God is totally able to feel emotions whether God is in our location or not. Now if that's the case and we're in the universe then that means that every emotion that I feel is able to be transmitted to God and can actually exit the universe. For that to happen instantly, it means that it has to not be constrained by time or space. So in other words if I have a feeling inside of myself that I project at God and God can feel that feeling immediately, then that means from a scientific perspective, that whatever I am projecting at God has to have exited the universe and entered God for God to feel it.

If that is the case, and it's just a supposition, then obviously every feeling I have in relationship with God can be felt by God. Now if we take that one step further, we also then have the potential to feel every feeling God has for me. That would also make sense, wouldn't it? If you and I can feel each other then surely God can feel us. But conversely, surely we can also feel God.

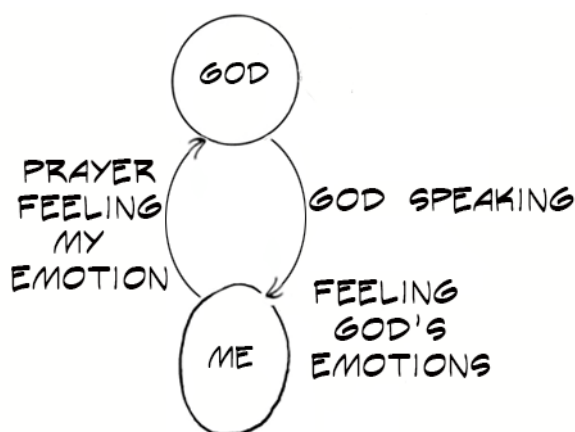


Feelings can be transmitted between ourselves within the universe and God who is outside the universe

Now if we can feel God and our feelings are the truth of what we interpret in our relationships, it's not the thoughts or the words that we mostly interpret in a particular relationship that we have, it's the feelings we feel from a person or towards the person that determines whether we are in a relationship or not. We can say all of the words of love for example and mean none of them and the other person can feel that we mean none of them. So therefore we're not really in a true relationship. A true relationship gets established through having feelings that actually cover a distance between ourselves and another person and enters the other person, and their feelings for us cover a distance, wherever that distance be; it might be right next to each other or it might be way away and enters us - and there is a cycle of feelings going on, feelings inside of me for the other, feelings inside of them for myself.

10.4. Communicating with God through feelings

Now if that's what creates relationship, what I'm suggesting is that we have exactly the same relationship with God. And if that is the case, how do we actually hear God? The only real way that I can hear God is by actually feeling God's Emotions. And how does God hear us? The only real way God can hear us is by feeling my emotions - God feels my emotions. And that is prayer. It's the feeling of the emotions that I have for God that God hears and the answer to prayer is the feeling of God's Emotions towards us as an answer. So prayer is God feeling my emotion and me feeling God's Emotions is God speaking to me. [00:23:00.29]



We can communicate with God through feelings

Now can you see that if I'm incapable of feeling any emotion, because of whatever damage I've received during my life about all sorts of things that might have affected me and feeling emotion, then I'm going to have a lot of difficulty hearing God speaking to me? And if I'm incapable of feeling my own emotion myself, then very little prayer will exit my soul and enter God - I have to have a feeling associated with my prayers before God can feel them.

God can see all of our thoughts - I'm not saying that God can't, but what God feels is how God reacts, not what God hears. Do you see the difference? Just like in your relationship with another person, you do not react to what you hear; you react to what you feel from them. Exactly the same thing happens; you react to what you feel from them and as a result, you then can feel what their intention is, you can feel what they feel for you, sometimes it can be good, sometimes it might be quite unpleasant but you can still feel it, and the same applies to what other people feel from you. So if that is the case then it would make sense that the method of communication with God does not involve thought and does not involve words but rather involves feelings and emotions.

10.5. Becoming sensitive to God's and others' emotions

Now if I am going to have a relationship with God, one of the benefits of this relationship with God is that I am going to become more and more sensitive to feeling God's Emotions on every possible subject that I could ask a question about. So I can ask a question about let's say the human soul - "Does it have a soulmate? Is what AJ is saying about the human soul, does it have a soulmate, correct?" I can ask that question and if I'm sensitive enough to feeling God's Emotions on the subject, I will be able to get an answer to that question very rapidly. The problem we have and this is a major problem that we have on the planet is our lack of sensitivity, emotionally. So the more desensitised we become emotionally, the more difficult it becomes to sense another person's emotion, the more difficult it becomes to sense another person's emotion, the more difficult it becomes to have a relationship with them.

If you look back on your relationships, the most frustrating relationships generally are the ones where the other person hasn't got a clue of what you're feeling. Aren't they the most difficult relationships to maintain? It's like you're having a relationship with a brick wall, basically. Now the only way that we can become sensitive to what another person is feeling is by firstly becoming sensitive to what we actually feel. But as we do that, we grow in our sensitivity; we then have a stronger ability to sense and experience emotion to actually sense and experience feelings rather than have just thoughts all the time.

Now you can see that if that is the case, a relationship with God should make us more sensitive to emotions; it should make us more sensitive to feelings, we should be able to accurately determine over a period of time the feelings of our own and of others and even accurately feel God's Feelings for us at some point. And as we grow in our relationship with God, this is what actually happens. You will eventually be able to feel God's Emotions on all sorts of subjects. This is a very rapid way of determining truth; if you can feel God's Emotions about something then you can feel what God feels about it and therefore be able to determine whether you're feelings are in harmony with those feelings or not.

In addition, due to the sensitivity of your own soul growing, your capacity to experience emotion growing, you will be able to accurately feel other people's emotions. You can actually get to a point where you feel their emotions so accurately, you can feel the very moment they entered them; you can actually tell their history to them without having to have a conversation. This is one of the capacities of our soul; to be able to sense other people and ourselves so strongly that we finish up being so close to everyone that we can feel exactly why they were angry in that particular moment and what emotion it related to from their childhood or from their life experience that caused them to feel angry in that particular moment. We can feel the flavour of the anger even, whether it's projected to a woman or to a man and who created it inside of them as a result. And we will even be able to trace them back to actual events in their lives and actually recall to them events in their own life that trigger the emotion for them again. This is the capacity of your soul; it has the ability to do these things.

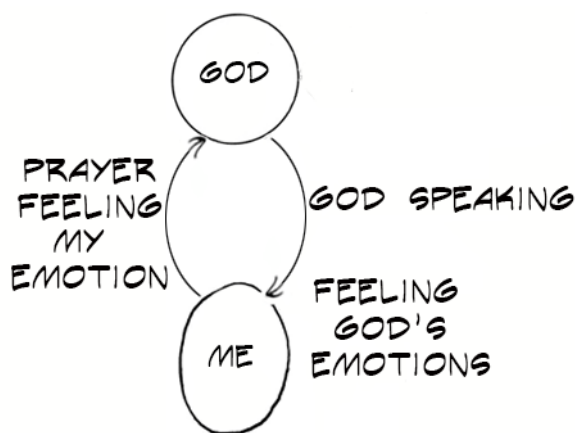
Now every single person who reaches at-onement with God can do these things by themselves without any external assistance. So in other words, every person who reaches at-onement with God can automatically feel the emotions of every person around them and also know why those emotions exist in that person. Now can you see that's a fantastic way of knowing a person, because a person can be saying a heap of things to you, but at the same time you could be feeling a whole heap of different things, which are the truth of the interaction. And that's a very powerful eternal benefit to your soul because instead of seeing things as they are presented to you, you actually see things as they are actually occurring, which is exactly the way God sees them.

God sees things as they actually are, as they're actually occurring, and in the end, the more and more we become sensitive to this emotional process that's going on, we finish up being able to do exactly the same thing God can do, and that is to be sensitive to everything occurring around me and know why it's actually occurring - not why everybody thinks it's happening but why it's actually happening.

Now to me that is a huge benefit of having a relationship with God. You now have the ability to understand every single interaction and every single relationship in your life completely because you can feel every one of them, completely. So you can get up in front of a group of fifty or one hundred people and feel every single person's projections at you. Some people go, "I don't know if I want to do that," depending on the projection, but it's actually a very beautiful state to have because what you finish up doing is you finish up relating to each person exactly as you can feel is their emotional condition, which is obviously a very loving thing that you can do for another person.

10.6. Communicating with God through feelings (continued)

So in summary, God is speaking to us through Her Feelings, through Her Emotions, and to hear God, we must be sensitive enough to feel Her Emotions. How do we speak to God? Through our emotions - we must be sensitive enough to know what we emotionally feel in order to actually have the correct message going to God of what we want to portray.



We communicate with God through feelings transmitted between ourselves and God

When people pray with their mind, when they say a prayer like for instance, "Our Father who art in Heaven, hallowed be Thy Name," that's the common prayer that we know from the Bible, and it's only coming from the mind, can you see God sees that as well, God can feel that there's no sincerity in it, God can feel that there's no interest in it, God can feel that there's no meaning to it really, that we don't even perhaps believe what we're saying. God can feel all of that. So from God's Perspective, it's pointless doing it if there is going to be no sincerity and no meaning and no emotion in it.

Can you also see that emotions also are a lot about our desires? So if our desires are pure and motivated by love, God can easily feel them and answer those desires. But if our desires are not very pure and motivated by addictions then God will want us to challenge our addictions so that we don't have them anymore. So the answer will be very different and if I can feel God and Her answer then I'll know when I'm getting answered with the word "no" in comparison to the word "yes" because I'll be able to feel God's Emotions through that process. And then when the answer is no and I want it to be yes, then I can see that I must be out of harmony with truth somehow, and I can therefore interpret truth through this process.

10.7. Learning truth from God by being sensitive to God's Feelings

So I eventually get to a stage where I can be so sensitive that I can know every truth that God knows by having this emotional experience with God; I will be able to determine what is the truth and I will be able to absorb that truth from God. Now if you imagine what truth there is available to you in an infinite universe - there are truths about physics, science, mathematics, health, the body, the mind, the spirit body, the soul, laws; there are all sorts of truths available in the universe and what we're saying is through this personal connection with God, you'll be able to find out every single one of them with one proviso: if you're sensitive to the answer.

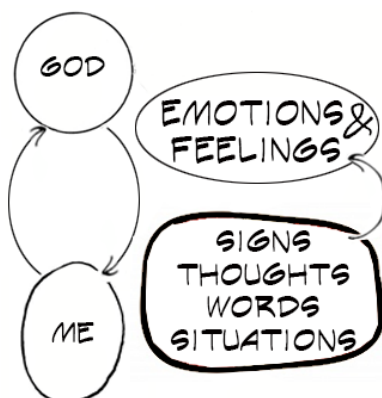
TRUTH IF YOU'RE SENSITIVE

Now like I said earlier, you can be sensitive to one answer and completely oblivious of another, depending on the particular emotional injuries that you have within yourself at the time. So if we ask some questions and we believe it's with sincerity and we get no answer whatsoever, then there can only be a couple of problems. One is that we are not sincere and the second is that we are not sensitive enough to hear the answer. That can only be the two possible problems in our interaction with God, because God, like every loving parent, wants to give us answers to everything we ask.

10.8. God can also communicate with us through other means

Mary: So you're saying that the way we communicate with God is through feelings - that's pretty clear. What about those among us who feel like God communicates through signs, through dreams, through events that happen in our life, through relationships, through other people saying things?

The reality is that God is capable of communicating to us directly through emotions and feelings; that is the method by which we actually have a relationship with God. However for the majority of us, we don't have a relationship with God. So God can't use that method to communicate with us. So what God does instead is God says right, emotions and feelings are the pinnacle of my relationship with you; this is how I'm going to communicate with you, but if I can't communicate with you by that method then what I'm going to do is all these other things, I'm going to give you signs, I'm going to give you other people giving you thoughts, other people talking to you in words, I'm going to make situations occur to make you get to a point where you're more sensitive and so forth. And all of these things that could occur in our communication with God occur only because we're yet to be sensitive enough to actually feel God's actual Emotions about a particular subject. [00:38:09.19]



If we are insensitive to feelings and emotions, God can communicate with us through signs, thoughts, words and situations

10.9. Sensory experiences become heightened through our relationship with God

Mary: You were saying as we grow towards God, we become more sensitive and you were talking about being able to feel other people's emotions. Something that occurs to me is that as we grow towards God, all of our sensory experiences become heightened because of this sensitivity so isn't it true that our potential for experiencing pleasure also exponentially increases?

Exactly.

Mary: And not just things like sexual pleasure ...

Physical pleasure.

Mary: Pleasure in relationships ...

Emotional pleasure.

Mary: Any kind of thing, yeah. Okay.

Yeah. All of those things because we're more sensitive, we now feel all of those things to a heightened degree. So one of the primary benefits of having a relationship with God is that you become more and more sensitive to everything and you feel it to a heightened degree. So any pleasure that you feel, you're going to feel to a heightened degree, more than you can feel that before. That's a natural result of the relationship.

10.10. Experiencing Emotions from God

Participant: What does it actually feel like when you're communicating to God? Because there's been a few times where I have like pins and needles, like it feel like an electric shock and I don't know if it's God or if it's somebody else or what it is. What's the actual feeling for you?

There's a certain pointlessness to describing a feeling that's in another person without you having the feeling itself. So what I would suggest is this, instead of describing the feeling, my suggestion is to experiment with the feelings and see what you believe it feels like as a result.

So what I suggest you do is you firstly understand that God is going to communicate with you through emotions and feelings. So that's number one: I have to at least have some personal acknowledgement of that inside of myself that it's going to be my feelings, sensations and emotions that God is going to communicate with me with. [00:40:32.14]

10.10.1. Feeling overwhelmed

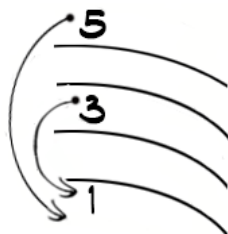
Number two: I must come to terms with the fact that God has much stronger emotions, sensations and feelings than I have. Now that makes sense, doesn't it? If God is an infinite Being, and I'm a very finite being and I'm growing, I'm still finite; it would make sense that God's Emotions and Feelings and Sensations far exceed my own. Now if that is the case, whenever I experience God, I am generally going to be overwhelmed. So number two: I must understand that I will be overwhelmed by God's Feelings and Emotions.

- ①— FEELINGS,
SENSATIONS,
EMOTIONS
- ②— OVERWHELMED BY
GOD'S FEELINGS
& EMOTIONS

So if I'm having a feeling and I'm not overwhelmed by it, it's a high likelihood it's not coming from God. Because God is a much greater Being than any individual or any spirit-based person that we could connect to, it would make sense that every time God connects to me, I'm going to be overwhelmed. And it doesn't matter how far into the future my relationship with God progresses and how large I become, I'm still going to be overwhelmed because there's a large differential between the state of infinite in comparison to large. So the feelings that God projects at you, if you fully allow yourself to experience them, you will always be emotionally overwhelmed by them.

So we understand firstly that God has all these feelings, sensations and emotions, and many of those are for us individually because we are a Child of God. So therefore God has specific emotions and feelings for each one of His Children, we must understand that because God is in a much larger place and God is much bigger than what we can intellectually or even emotionally conceive at this point, that every time we're sensitive enough to open up ourself enough to feeling God's Feelings and Emotions, we are going to be emotionally overwhelmed by the experience. So that tells me that if I am feeling a sensation and I'm not emotionally overwhelmed by the experience, I'm yet to really feel it as God feels it.

So this is a great way of actually working out whether you're connecting with other people or other spirits rather than God. When you connect with other people or other spirits, there'll be much less of a tendency to be overwhelmed, depending on their condition. Although if you think about it, if I'm down here in the first dimension and I connect to someone in the second or third dimension, obviously there's two dimensions of existence of love; the difference in love is two dimensions apart. So obviously when I feel that person, I'll possibly be overwhelmed. But when I feel God's Emotions I'm just going to be blown away. Can you see that in terms of the difference? Now obviously a person who's in the fifth dimension of the spirit world feeling emotions for me, I will feel as a much stronger feeling. If I'm sensitive emotionally I will feel that.



A person in the first sphere will be overwhelmed by love coming from a person in the third or fifth sphere

What often happens on the Earth though is that because we're desensitised from emotion, we do not like ever being overwhelmed by it. And so what I see a lot of people doing with their relationship with God is they desire a relationship with God, they start to feel some of God's Emotions, just a dribble of God's Emotions start to enter them and then they start getting overwhelmed and what do they do? Shut it all down. They turn it all off and what we're doing is we're basically saying yeah God, "I want you to feel for me but only a tiny bit"; that's really what we're doing. And obviously God doesn't like being controlled with Her Feelings as much as you don't like being controlled with yours in a sense that God wants to share all of Her Feelings for you. [00:45:08.15]

In the end it is really our willingness to engage the experience of being overwhelmed that is going to determine how much of God's Love we are going to have the capacity to absorb. So what I find is that most people on the Earth have a very limited capacity to absorb the emotion. The beauty of God's Feelings for us is that they are always going to overwhelm us but we limit our capacity to experience that emotion. We shut it off, we try to detune from it and when we detune from it, what we're doing is we're automatically putting a block in our relationship with God and unfortunately automatically putting a block in our ability to experience all the eternal benefits that come from that relationship.

What I feel a lot of people are doing on the planet is they want a relationship with God but on their terms, and God doesn't work that way. Just like you don't work that way generally when other people want a relationship with you but on their terms. You generally don't work that way either. And so what we want is to have a close, open relationship without it being on anyone's terms; we just want to have it to the full expression of the emotion, that's what God wants to do with us. And when God does do that with us, we are going to be overwhelmed every time. So we've got to get used to being overwhelmed.

Now when you go into that overwhelmed state, you will feel very, very strongly who's giving you that emotion. In that space you can very rapidly determine whether it's a person, a spirit or God in that place when you allow yourself to be overwhelmed. But if you do not allow yourself to be overwhelmed, it's going to be very difficult for you to determine where that emotion is coming from because you will be limiting the strength of the emotion through your desire; you'll be shutting it down and so therefore finding it very difficult to determine where it's coming from. [00:47:21.26]

10.10.2. Experiencing feelings we have never felt before

Participant: I just wanted to share something that you mentioned to me before because I was trying to intellectually understand, how does God's Love feel? That feeling, you know?

Yeah.

Participant: You said it's the feeling that you've never felt before and it's that feeling that you've never felt before, stronger every time.

Yes.

Participant: That helped me understand so much that I wanted to share.

Yeah that's the third thing I'd like to say in this: when we receive Divine Love, when we've received God's Love for us, it's a feelings that we have never felt before. Now every single time you connect to God and receive a Feeling from God, it will be a feeling that you have never felt before, even in your last connection with God. Each time you connect to God, it will be a brand new feeling to the intensity that you have never ever felt before. Even the last time you connected to God wasn't the same or it wasn't as intense, I should say, as this time. And the reason why that is that every time we receive a Feeling from God, our soul expands a little bit. It transforms our soul. And particularly when we receive God's Love, it transforms our soul; it makes our soul bigger. Our soul now has the capacity to experience an even larger emotion. That being the case, when I long for love to enter me from God this time, it's going to be bigger than any other time I've ever had the experience, every single time. In other words, this time it's more overwhelming than I felt last time and so forth. And as my soul grows, each single time it's more overwhelming than the last time.

So when we're longing to God to feel certain things and when we feel these things from God, the way we can determine whether they're actually coming from God or not is by these particular things. Does it have the flavour of this as a part of the emotion?

- ①— FEELINGS,
SENSATIONS,
EMOTIONS
- ②— OVERWHELMED BY
GOD'S FEELINGS
& EMOTIONS
- ③— FEELINGS WE HAVE
NEVER FELT BEFORE

Characteristics of experiencing Feelings from God

What I see a lot of people doing is they try to substitute relationships with spirits in place of a relationship with God. And what I mean by that is, they often feel overwhelmed by God when they begin the process of trying to connect to God, and because they are so frightened of being overwhelmed, they would prefer to have a relationship with a spirit than they would with God. So a group or a single spirit comes to them every time they ask for God and what they finish up doing is they connect to that spirit instead because they don't want to feel that sort of uncontrolled feeling of being overwhelmed every time they connect to God. [00:50:50.20]

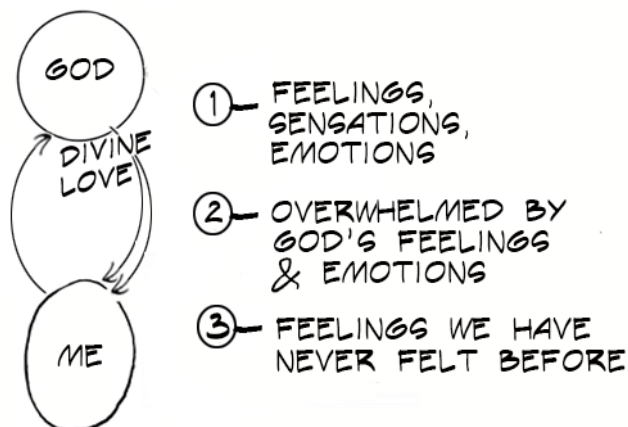
10.11. Receiving Divine Love vs. feeling connected with God

Participant: So the outcome is to be connected with God all the time?

Of course.

Participant: Then how would you be able to do anything? You'd be so overwhelmed you'd just be in a state of overwhelm all the time?

There are two different things you're describing now. One is the actual reception of Divine Love and the other is a connection with God. And the two things are different to each other. Most people are still misinterpreting what I'm saying to them. They think they're both the same thing. The reality is, every single time we receive Divine Love from God, this is what is going to happen to us: we will be feeling God's Feelings, we will feel overwhelmed and we will feel feelings we have never felt before.



Characteristics of receiving Divine Love from God

But we get to a point once we've received enough Love from God where we have exactly God's Thoughts and Feelings about everything in our environment as God has. Now once we get to that point, we can be in a state where we're not receiving Divine Love in the moment but actually connected with God permanently all the time because we have exactly the same feelings that God has on all these different matters.

Remember that you can continue to receive Divine Love beyond the point of becoming at-one with God. So what the term being at-one with God means is that we've made this transition into being completely God-reliant, into a complete state where we now have no impediments to our desires for God. In other words there are no emotional blockages that prevent our desire for God and on top of that we now have God's Thoughts and Feelings about everything that's going on in our universe that we're aware of. We are in harmony completely with God's Thoughts and Feelings. But that's not the same as continuing to receive Divine Love because when you receive Divine Love from God, you will still be overwhelmed every single time, even after you're at-one with God. [00:53:24.07]

10.12. Allowing ourselves to be overwhelmed to continue to receive Divine Love

Participant: In the last two and a half years, I've had three or four periods of two or three weeks of what you're describing, and it's exactly what you're saying to a point where I want to shut it down because I'm constantly crying basically.

Yeah.

Participant: I'm just constantly overwhelmed, constant crying. So what I just want to ask, is it just a state, do you just need to constantly release more fear about control, about the desire to control to be overwhelmed?

Well if we're constantly crying and there's a certain sadness or grief associated with the crying when we're receiving Divine Love, the reason for that is that there must be still grief-based emotions inside of us that we need to experience. Once we become at-one with God and we actually receive Divine Love, we might cry but it will be emotions of joy rather than grief. You can feel the difference between the two of those emotions?

So you know how sometimes in a certain interaction with an individual, you can get to a point where you feel so much joy that you just feel like crying? Well that's the kind of interaction with God that you have after you're at-one with God. Before you're at-one with God when you receive Love, it will trigger any grief that exists inside of you. This is how it heals you; by triggering the grief and helping you experience it.

When it does that, you will obviously go through emotions of grief and it's just a matter of how long you can endure them as to how much benefit you will have from the experience. Now for a lot of people if they say they're just crying for a few hours for most people that's far too many hours. If you look at the average person on Earth when they cry for fifteen minutes they feel it was a bit too long; it's very rare in fact for people to cry for long periods of time on Earth. As a result of that we are constantly limiting - because we're controlling the overwhelmed state - we are constantly limiting the healing capacity of that Love entering us.

So my suggestion is, once you get into the state where you are feeling the emotions and you can feel that it's pure and you have that connection with God, the key is to submit to the connection for as long as possible. Now what will happen is you will submit to it for a period of time and then certain emotions inside of you which are very stubborn will start to take control of the process and you'll get to a point where those emotions finish up shutting down the process. Then it's a matter of you working through your blockages to experiencing those emotions before you'll have the next experience.

10.12.1. Working through blockages to receiving God's Love

What I find happens with most people is that that period can go on for many months or even years, where you're blocked completely to experiencing God's Love even more than you have. So what we become then is very used to God's Love being in a certain condition but we don't get overwhelmed about it anymore because we're very resistive to take the next step, which is about releasing the blockages that we have to that love flowing. The blockages will be based around our addictions and the different belief systems that we have that we need to release that are out of harmony with love.

Then when you get to that state where you've released those, you then have a desire for God's Love to enter you and you'll have another overwhelming experience. And that will last as long as it lasts until such a time as the next set of blockages that you have get exposed. Then the process stops and then it's just a matter of how long is it going to take to make your way through those blockages before you have the next experience. And it could be years sometimes. If we're really resistive it can be hundreds of years; many people in the spirit world have hundreds of years through that process. Of course if we get used to this as an idea or concept and we actually emotionally get used to this, not just intellectually, it will be a lot more rapid. But the problem is usually also that the very last group of emotions we must release to become at-one with God are also our toughest emotions and for that reason they also take the longest to unblock ourselves with.

So we can go through the experience initially quite rapidly and then the more tougher the emotion gets, the slower we get until we hit the point where we're really resistive about one or two major things. Once we get through that phase, then we'll become at-one with God and you won't be resistive to anything anymore. And that's the deepest level of your resistance that you'll ever have to go through.

The beauty of what God does with this process is God's just like constantly squeezing our soul; if you could liken it with that - just squeezing our soul, getting everything out of it that's an impediment for God to give Her Love to you or put Her Love in you and the process is a very fluid process as a result of that. But you also have to be patient with yourself because the very last group of emotions you'll need to release to become at-one with God will also be the most difficult emotions you've ever have to release.

Mary: I feel like my most significant block to God is the fear of my own emotions, is the fear of this state that you are discussing.

The fear of being overwhelmed.

Mary: Yes. Constantly.

And I feel that is a major blockage for everybody.

Mary: Okay, that was my question - is that the same for everyone?

Yeah. I feel the main reason why people want to control the relationship with God is because they don't want to be overwhelmed by God, and so they enter this state where they shut down themselves constantly. As soon as God starts to connect with them and they start having a longing for God, God starts to connect with them, they then start feeling overwhelmed, then they want to shut it all down and go away. [01:00:05.19]

Mary: And it seems to me so sad because it's actually just the fear of my own pain that is preventing me receiving love?

It's not just the fear of their own pain; it's also the fear of being out of control in a relationship. That's the biggest fear probably that most people have. It's not just the pain but the fear of being constantly out of control. The relationship with God is going to cause you to feel constantly out of control to a degree.

Mary: And therefore vulnerable to harm.

Well no the only reason why you would interpret it as vulnerable to harm is because of some unhealed emotion, but most people initially are very afraid of being out of control in a relationship.

10.12.2. An analogy of a teenage relationship

You look at what happens in an average relationship when you're a teenager. How many of you have had a teenage relationship with the opposite gender or same gender, sexual based relationship? What was it like - can you remember? It felt pretty awesome? (Laughter) But why did it feel awesome? Could you think about anything else? No?

Participant: It was just all consuming; it's all you ever thought of.

Exactly.

Participant: It was like the whole world was around this one person and it was so emotional.

And your heart was really totally exposed? Yes?

Participant: Totally open and you know if they rejected you, it was like the worst thing in the world and you'd cry for weeks and listen to sad music.

(Laughs)

Participant: For months (Laughs).

Yeah. I agree. So can you see why we avoid that kind of relationship after that? We usually get hurt in that relationship at some point due to some kind of unhealed emotional experience for one or both of us in the relationship. And then, as a result of that, we hold onto that hurt and the very next time we engage a relationship, we engage it with far less openness. And often as time goes on in a course of a person's life, they'll engage each relationship with less openness because the hurt is building up as they go through their life.

If you think about what God's trying to do in a relationship with us is God's trying to put us back in that place, back in the place where we are totally involved in the relationship with God all of the time. The irony of the relationship with God is that we finish up knowing all other things and therefore being able to experience a lot of other things that enriches our life. It doesn't draw from our life - it enriches our life. Whereas often, that experience when we were a teenager draws from our life and doesn't enrich our life; aside from the love area, the rest of our life turns into a mess. Whereas the way our relationship with God works is very different to that.

True love is like that - it engages every aspect of our soul and enriches our life as a result but we will have that feeling that I'm describing, that you've described, the feeling of being constantly overwhelmed by the relationship and your heart totally involved in it. Now you think about how much judgement the world has towards that state. What do most people do when they see a teenage couple in that state? What do you notice?

Participant: They make comments like, "Oh that won't last."

Yeah.

Participant: Or, "It's just teenage love."

It's just teenage crap. Yeah so they belittle it, they're condescending towards it. I remember my father was very angry with it. So they often project rage and disgust, like sexual disgust. When we're open like that can you see we have so many emotions projected at us that it's very difficult to maintain the state while you're feeling all of these other terrible emotions being projected at you.

10.12.3. Allowing God's Love to cause our soul to grow

So what God's trying to do is He's trying to help us go through all of those emotions so that we've released them so that we can maintain a state like that with God firstly and then secondly with our soulmate. That's what God's attempting to do. And if you allow God to do it through this process, you will be overjoyed by the results just as you were when you were a teenager in love. You'll feel the same kind of feeling but the majority of us are so disillusioned by love as a result of our life and disillusioned by the attacks we receive when we're open hearted that we've shut all that part of us down. And as a result, when God tries to give us Love to the degree that God wants to give it, we are constantly fighting God and trying to push His Love back again, and that's a very sad state that we've entered; when we're trying to reject the very Love that will heal us. That's quite sad but it's understandable given what's generally happened to us in our life.

The key for us is to go, "Okay, I've got to expect emotionally that overwhelm is going to be my constant state," and that every feeling I have from God is going to be bigger and more intense than the last one I had. And if I know that God has Feelings, Sensations, Emotions for me and I allow this overwhelm process to occur, then I'll progress very rapidly. For the majority of us what we do instead of that is we control it because we love control. We love control because we're frightened. And so because of our fear, it finishes up determining how fast or how close we get to God. And God's challenging our fear all of the time as well; He's trying to help us overcome our fear so that we no longer control.

So does that answer the question about how God communicates with you and also what you can expect in this development of this relationship? Because of that, the relationship expands and causes your soul to expand in its capacity to experience not only emotions but also its capacity to absorb knowledge and absorb information of all sorts - not just emotional knowledge but intellectual knowledge, scientific knowledge and knowledge of all types. It causes your soul to expand enough that you can absorb new ideas and concepts without being resistive to them. That's what it does. So that's one of the eternal benefits too of this relationship with God, this ability for God, through this relationship, to cause your soul to keep growing and to keep changing.

CHANGE (ME)

Now can you see if little me is very afraid of change, I'm going to struggle with that process, but if I can learn to embrace change and actually enjoy change then I'm going to have far less struggle with being overwhelmed all the time by God's Emotions.

10.13. God can also communicate with us through other means (continued)

10.13.1. An example of a participant who is a serial sign seeker

Participant: I'm a serial sign seeker and I notice amazing coincidences.

So a serial sign seeker. Is that how it is?

Participant: Well actually, not always but I sort of resonate with that. To me that's God. I notice instances of coincidence that are so amazing that it's got to be God involved in that.

Yeah.

Participant: One thing that's just what you're talking about there was the subtlety of it, it's just so incredible.

Well can I firstly address this whole idea of being a serial sign seeker?

Participant: Is fear what you're talking about - He's only giving me what I can handle?

Yeah basically there are constraints that you've placed around God and God's Emotions for you and as a result of those constraints, God can only show you things or tell you things through the use of signposts, if you like. So they're things that you've learned to interpret as coming from God over the period of your life. For some people it's like certain numbers - when you see the number then it's a major sign for you. For another person I know it's the number "222" and every time they see that number, there's a sign again that God's involved in my life.

Now the reality is that when you're connected with God all of the time and willing to be overwhelmed by God all of the time, you won't need those signs so much because you can connect to God directly through this connection. Therefore you know God is always helping you through your life and guiding your life through every experience. And so you're not so focussed on the sign, you're more focussed on the feeling that God's giving you.

What God does with you with this sign is that every time you see this sign, you let yourself have the feeling. Have you noticed that? So whenever you see "207", you let yourself have the feeling that God is present in your life somehow here in this moment and that overwhelms you. So God is helping you through this by saying, "Okay if that's what it takes for me to give you the sign that I'm with you all the time then I'm going to do that as often as I can." The reality is though once you work your way through the overwhelm state, the fact that God is with you all the time, you will then realise God is with you all of the time and be even more overwhelmed, than just overwhelmed every time you see the sign.

So there's no harm in seeing the signs of course but it's just an indication that the complete relationship with God is still being limited by something, and so God has to give me some signs to demonstrate to me that God is present because I'm not seeing it all the other times that God is present.

10.13.2. God wishes us to become sensitive

Participant: It's so subtle, that's what I was getting at.

It is.

Participant: Why isn't it more obvious? That's what I'm saying.

Well God is not the kind of person that wants to hit you in the face every time. That's not how God works. God wants you to be more and more sensitive; you see the reason why God can control the entire universe as She does is that She is actually sensitive to absolutely everything that is going on in the universe. So for example, if the smallest of insects dies, a little bit of energy comes back to God and God is so sensitive of all the insects in the universe, God can still feel that one insect has died. So that's how sensitive God is. So God can feel every single, tiny, little thing that lost life, things that we are not even able to feel ourselves, God can sense and feel immediately. In amongst all of this entire universe, God can still feel that one thing has lost its life. [01:12:43.11]

Now what God is trying to do with us is to cause us to become that sensitive where we also can start to sense every single little thing that's happening around us in the same manner. Now if God came along with a brick every time and knocked you over the head and said, "Now notice that," after a while you would get very used to getting knocked over the head with the brick every time, and therefore probably not very sensitive to what's going on around you. You'd have to have some other external stimuli in order to see what's going on around you.

What God is trying to do is the opposite of that. God is trying to make it so that your soul is so sensitive that you observe everything going on around you without anybody having to knock you over the head with it, without anybody having to push something in your face and say, "Look here, look at this." You notice it already and to do that God has to help you to understand how God communicates with you and how all of these other things communicate with you; it's through the flow of feelings and being so sensitive to those feelings that you can determine every nuance of them.

Now to do that God has to teach you how to become more sensitive and how to feel even smaller feelings. God is trying to teach you how to feel smaller and smaller feelings right down to the infinitesimal. And God's not going to be able to do that with a hammer. God needs to do that through a process where you become sensitive to the feelings and that's why God communicates in that method.

11. Loving ways to receive assistance with working through emotions

Participant: I was wondering what you felt about people forming groups or working towards releasing the emotional pain in ones and twos, or finding a therapist. For instance I did primal therapy in the seventies. I had incredible support at the centre and it made an enormous difference to my rate of progress. So I was just wondering how you felt about people seeking out help with others.

Yeah, I feel that it's great to get help from others. Can I just put some provisos with that? When we receive help from others we need to make sure that the assistance that we're being given is in harmony with the principles of love. Now unfortunately what I observe, if we look at groups specifically or teams of people, like two people working through something, if members of the group are still willing to stay in their addictions, you can eventually finish up creating addictions between members of the group.

Participant: I've seen that.

Yeah. And that is very counterproductive to the relationship with God. Because what God is trying to do is to break down our addictions. So if the group is a group that is actually not fulfilling our addictions and actually helping us in a loving environment confront our addictions, then there is no harm in the group whatsoever. However if the group is supporting some of our addictions; for instance, we might have an addiction to be heard and everyone in the group all shut up whenever we speak, then that's not confronting the addiction that we have to be heard and therefore is going to prevent us from some progress in our relationship with God. If the group said, "Okay we've noticed that you seem to have this addiction to be heard," and then they start to help you in a loving manner to address the addiction then that's a very positive experience, and that's always going to get you closer to God. [01:16:47.03]

So help needs to be given by people who are in a loving state, I suppose you could say, and people who can see the difference between addictions, fears, grief and actual healing-based, love-based emotions that need to be healed. Now if the group is in that state then they're always going to assist our relationship with God. If the group is in an addictive state, they're actually going to help us destroy our relationship with God. So it really just depends on the group or the individual.

Participant: I know because I saw in the primal group there was a steady move towards spirituality, away from the crude emotions and pain that suffered in their childhood. Now that was very good to see. Now I wouldn't say that that existed in every centre but it certainly was in the one that I was at.

Yeah. Obviously the problem with the group is we can become dependent upon it and God doesn't want us to be dependants. God wants us to be fully functioning adult individuals who are totally able to create everything in their own lives without dependence. To do that we're going to have to release a lot of emotions to get to that place but God doesn't want us then to swap dependence.

See what many of us do with groups is we have a dependence on our family or a dependence on our parents in particular, and then we swap that for a dependence on our wife or our husband. And then once we work through some emotions with them, we swap that for a dependence on a group or a dependence on a way of life or something. And God's constantly saying to us, "What I would like to see is that you learn that I created you to be this person that doesn't need dependence. I created you as a fully functioning, self-sufficient individual who is able to create your own life in complete harmony with love. But what I would like with you," God is saying to us, "is a loving relationship where My Emotions can flow into you and your emotions can flow into Me."

Now as soon as we have a group set up a dependency within us, or we remain dependant, we're now no longer understanding the truth about ourselves and that is that we are able to be a fully self-sufficient, grown up individual who loves and is able to give the gift of our love to any person or anything in our environment.

So my feelings about a group are if the group is assisting you in your relationship with God, assisting you to break down the barriers of dependency, whatever you're dependent upon and assist you to work through that emotionally, then the group is very supportive. If the group is assisting you to hold onto your addictions and hold onto your fears and to deny your grief or deny the truth about your life then the group is not being supportive. [01:19:54.00]

Participant: To make the person dependant; that is really dangerous.

It is very dangerous yes. So for that reason, I very rarely get involved with groups because I see a lot of the times, there are just heavy involvement of addictions in groups. When I am involved in groups, I confront the addictions in the group, which often means that I get kicked out of the group. That's what happens many times. But when we're in a relationship with God, we become very focussed on that relationship specifically and everything else becomes like a vehicle that we can use to become closer to God. And as we come closer to God, we automatically become more loving to everything in our environment, including every group. But we do see the truth in the group; we don't ignore the truth in the group. So if we noticed a group working in something and then we noticed it was a bit out of harmony with love or was in an addiction or avoiding some fear or avoiding some grief, then we would not allow that to continue and participate in a group without saying something in the group.

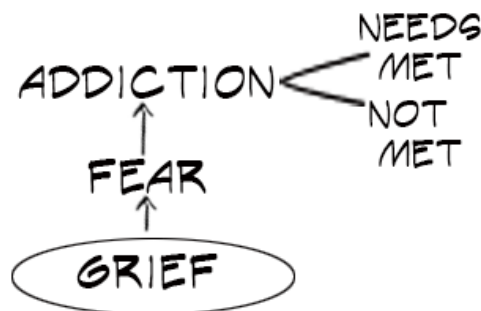
12. Addictions cover fear and grief emotions within us

Participant: I just wanted to clarify addiction; is it fair to say that addiction is a seeking out of the same particular feeling over and over again, which blocks us to the new emotional experience?

Yeah sure, let's just describe it a little. Now we're sort of getting off the topic a little but we need to understand that addictions need to be confronted in our relationship with God. One of the eternal benefits of our relationship with God is that we will eventually remove all addictions from our relationship with God and we will remove all addictions from within ourselves - addictions to anything. So we need to understand how we can see addictions.

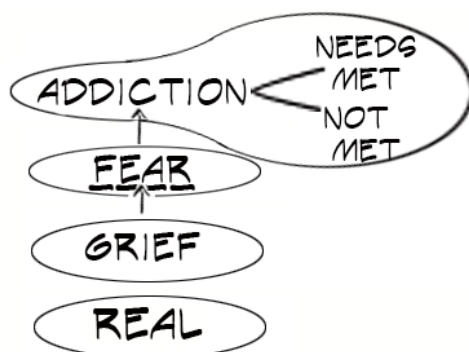
So generally most of us have some grief of some kind and over the top of that grief is fear to experience the grief because we feel the grief is too hard or harsh to experience. And then because we're also so afraid, we don't want to feel fear, so what we do is we create addictions to specific emotions to avoid our fears. We now become what is called needy. And when our needs are met, we are happy and when our needs are not met, we are sad or angry. This is the normal process of addiction.

Now in our relationship with God, God knows that grief is the healing emotion. We need to grieve and let things go to completely heal from them and God knows this. God also knows that fears cover our grief. We are so afraid and most of our fears are false expectations appearing real to us because we don't acknowledge God's Truth on the matter and we want to hold onto our own truth, which is often in error. As a result of that we create an addiction. And an addiction might be anything to do with emotions, it can even be physical in nature - it could be an addiction to alcohol, drugs, smoking, coffee, all sorts of things. We create as addictions to avoid certain things. And the determining factor is: if we are needy for the addiction to be met, what will happen is that when it is met, we'll be happy and when it is not met, we will be angry. So this is a sign to us. [01:23:42.00]



We are happy when our addictions, which cover our fear and grief, are met, and angry when they are not met

God doesn't want to connect with us through addictions, because that's where all the facade is; the person who's not real is there. What God wants to do is go beyond all of the addictions, fear and grief, down to the real person, which is buried underneath all of this. That's where God wants us to be; that's what God wants a relationship with, us as we really are.



God wishes to connect with the real us, which is beneath our grief, fear and addictions

So God will not assist us to meet our addictions in any of our relationships with him or with other people. So whenever we try to have an addiction met with God, God will always refuse the engagement of the addiction. This is when we often get angry with God; we start swearing at God and cursing God and saying why isn't God doing this and why isn't God doing that? And that's a really good indication that we're not allowing ourselves to go into these other levels with God, to go into our fear and into our grief.

So when it comes to the addictions themselves, they are actually more to do with emotions of neediness that we have within ourselves that we want an addiction met rather than confronting the fear. And it's our preference to not confront the fear that creates the addiction and God wants us to confront our fears. In fact God knows that none of our fears are real - none of them are real from God's Perspective. God is not in a fearful place and when we become at-one with God, we will never be in a fearful place again about any matter, including our own death or any other subject. So as a result of that, God wants us to confront our fears and release them so that we don't have them anymore. He doesn't want us to stay in this state where we continually get our addictions met over and over again because we want to avoid the fear that's underneath the addiction. He doesn't want us to remain in that state and if we remain in that state we can never be at-one with God if we decide we want to remain in that state.

12.1. An example of smoking

Participant: I'm not sure if I'm understanding correctly - so if I'm seeking a feeling through my addiction, most likely the feeling is an addiction because for example if I'm smoking, somewhere I'm feeling quite unhappy and sad and unloved.

Yes there's something you're afraid of feeling, yes.

Participant: And if I'm going ahead with my addiction, I'm no longer feeling the feeling of feeling unloved.

Exactly.

Participant: And therefore I'm actually not wanting God to love me.

Well actually let's say in the example you've given, we're smoking, not realising that the whole reason why we're destroying our own body and our own life. That's what we're doing when we're smoking because we don't love ourselves enough and if we just felt how much we don't love ourselves and cried about that then we would actually start to feel God's Love for us. But we're trying to block God from loving us because whenever God loves us, we'd have to have a cry and we don't want to cry. And that is the underlying problem - the underlying problem is we do not want to be overwhelmed with grief or with fear and that's why we turn to the addiction every time.

So the smoker goes for the cigarette, not for any other reason than that he wants to avoid the fear or the grief, that's the only reason. And who knows what it's about, if he stopped taking the smoke and just sat and felt, he'd probably start feeling what it's about and how bad he feels. [01:27:56.10]

12.2. Addictions prevent us from feeling God's Love

Participant: So the answer would be it's still with God? So with any feeling where I'm actually lacking inside, I'm avoiding to feel the lack of the feeling? So if I am feeling quite unloved instead of love, ideally the answer is really with God because God could perfectly love me?

Well no it's not only that God could, God already does. It's just I cannot feel it because I'm blocking it, I'm pushing it away, I'm trying to reject God's Love because every time I feel some of God's Love, I'll have to cry and that's the whole reason why I'm smoking, I don't want to have to cry. It's sort of like a catch twenty-two situation where we're chasing our own tail, preventing ourselves from being healed by engaging an addiction which in the end, if we no longer engaged, we would be able to feel the fear and grief associated with it and actually release it, and then ironically we'd feel that God actually loves us and we could actually feel that love enter us.

And that's what I feel is quite sad with addictions. Every time I see a person go for the addiction, what immediately crosses my mind is it's sad because you're just avoiding the emotion that prevents you from feeling loved now; you're just avoiding the emotion that prevents you from feeling God's Love, and therefore no longer needing the addiction at all. And our neediness to create the addiction is all about feeling good without processing the grief. We want to feel nice without actually feeling bad first; that's what we want to do, and that's what we need to do to heal. If we feel bad, we need to feel bad and cry and then we'll release that and then we'll feel good. But we don't believe that, we don't have that belief system.

13. Stages to the benefits of a relationship with God

13.1. God heals us completely

One of the beautiful benefits of the relationship with God is that in the end, it heals me completely. And that's fantastic. If you think about every single painful emotional experience you've ever experienced, all of them at one point in your life in the future being gone completely from you, what do you think that state would feel like? It would feel pretty good, yes? And that's what God's Love does. And this relationship with God is the only thing that in my experience, I've ever seen do it.

There are many people I've seen and talked with in the sixth dimension of the spirit world who believe themselves to be happy and then as soon as I start talking to them about some of their childhood events on Earth, all of a sudden they start feeling sad again and then they don't want to talk to me. So it's a pseudo happiness because the reality is once you've healed it emotionally, you won't have a pseudo happiness anymore, you will have a real happiness and you'll be able to talk about the sad experience of your life without getting sad; you'll be able to talk about them from a teaching perspective or any other perspective as an actual occurrence in your life. You'll be able to remember them without feeling bad and that is an indication that it's healed and once you become at-one with God, every one of those emotions is healed. Now I see that as a major benefit.

13.2. We grow eternally

These are stages to the benefits of my relationship with God. The first one is that it heals me completely and then the second one I feel is that I then grow eternally. Now if you think about growing eternally, what we observe on Earth is that a little baby child is born and they're in our arms. Then a few months later they're a bit heavier, a bit harder to pick up and then three or four months later they're like a little toddler now, a year or two later they're about hip height, and then before we know it, as most of you parents know, they're taller than us. And then we stop growing physically.

Well what I'm saying is in our relationship with God, we have the ability to continue growing, continue growing - not just with our soul but physically and spiritually as well we continue to grow, we get larger and larger and larger. In particular that growth is going to occur at the soul level and if you think about that, the first step in my growth is to heal me; the second step of my growth is to now discover everything else about me and the universe around me. And that can be done after we're healed even. A lot of that can be discovered because we're now absorbent, we're now like a sponge sucking up all of the experiences that we're having and being able to understand them and engage with them. So I see that as a major thing.

13.3. We are no longer constrained by time

I'm no longer as well constrained by time, so there is no 'time' anymore in my life. I mean this in a literal manner as well as a spiritual one. When I say there's no time, what I mean is that I can have instant responses to my desires because all of my desires have now been brought into harmony with love. I now can instantly desire something and have it instantly fulfilled. I don't have to wait but also there is not time in the sense that I am also patient, ironically. So if something does take some time, I'm not impatient and I'm not trying to force it to happen.

13.4. We are no longer constrained by space

In addition, there is no time in terms of going from one place to another in the universe, in terms of transporting myself. I can instantly cross the threshold of the speed of light and transport myself from one location to another when there's no time boundaries. These are all the things that a person at-one with God is capable of doing.

So there is also no 'space' really, and when I say no space, there's a physical sense and a feeling inside of me that I'm not attached to a specific location in space; I am happy to experience space in a larger degree, I can see distances as if they were present with me right now. So in other words, I can imagine myself even in the future and see myself as that person now and see where I'm headed even, through that process.

There is no tyranny of distance either. In the spirit world and everyone who's become at-one with God in the spirit world can actually instantly transmit or move themselves from one location in the universe to another location instantly without any time between those two points. So you can have the feeling, "I want to be in Greece," and instantly you're in Greece. And then you have the feeling, "I want to be on Mars," and instantly be on Mars. These are just physical locations but there are also spirit-based locations where you might want to be. So because you're now at-one with God, you can go to any dimension up until the eighth dimension of the spirit world. So you can instantly go, "Oh I want to go and talk to somebody in the eighth dimension of the spirit world," and bang you're there talking to that person and you remember every experience. That's the capacity of the soul once all of these things have happened to it.

14. Closing words

So from my perspective, I sort of see like all of these advantages. I don't see any disadvantages of having a relationship with God. Except maybe some of us might think, "I might have to do a bit of crying or whatever" - so what? In comparison to all the advantages, what's the point of worrying about how much crying you're going to have to do?

Participant: There's nothing like a good cry.

There's nothing like a good cry. Yes, exactly.

The other day Mary and I just listed all these different advantages of having a relationship with God over the period of about half an hour or forty minutes or so and we wrote some of them down which we've included in a seminar outline that is downloadable on the Internet. In that period of time we came up with five pages of twenty-seven things of advantages and benefits of having a relationship with God, and I have not covered many of them in this discussion.

So my suggestion is, once the seminar outline is on the web, just to download it and have a look at those particular points with regard to that because you'll find there are just so many benefits to having a relationship with God. Many of them are physical, spiritual, soul-based in nature, a lot of them are to do with your own pleasure and a lot of them are to do with the pleasure of other people in terms of in the universe that you'll meet. And a lot of it is to do with being in harmony with everything around you and understanding everything around you.

So my feelings are, if we fully engaged the idea that there are eternal benefits to us engaging a relationship with God, we would be far less resistive to engaging the relationship than we currently are. So instead of putting it as like third, fourth, sixth, tenth on our list of things we do today, we would be putting it as number one thing we do every day. We'd also finish up in this state where we are trying or attempting to engage this relationship with God every moment as we're doing other things.

We become great multi-taskers in that way, by actually engaging a relationship with God while we're engaging the rest of our life. And that's what I meant in the first century when I said, "All these other things will be added to you." It was a quote you will read in the Bible sometimes. It says, "Seek first God's Kingdom and all these other things will be added to you." What I actually said was, "Seek first God's Love and all these other things will be added to you." And when I said "all these other things", I specifically meant every single thing you could ever conceive of that you could possibly enjoy for the rest of your life can actually be added to you just by engaging this relationship with God.

The relationship with God can bring you everything else. Everything else you've ever desired, ever wanted to experience that was loving in its underlying desire and sincere and pure in its desire, you will be able to experience through this relationship with God if you engage the relationship with God. If you don't engage the relationship with God, then it will be a trial and error process, just as most of our lives currently are; a trial and error process as to what makes us happy and what makes us unhappy. And as a result of that, it will take much longer for us to actually enjoy and experience the things that we could possibly experience.

So my suggestion is to allow yourself to really just sort of think about and feel about - what I suppose most people today would call meditate upon - the concept that a relationship with God can bring you everything else and then make a list of all the things you've ever wanted in your life and ask yourself the question - how does a relationship with God bring you that? And you'll find there's an answer to every one of those statements that you've made if you engage that process.

The beauty of doing that is you eventually appreciate inside of yourself how important it is to engage that relationship as first priority. When we put it as our second, third or some other priority, we are automatically reducing our own effectiveness in growing, automatically. And to me that makes no logical sense whatsoever. If we instead engage the first thing that's going to bring us everything else and put all of our effort and our emotion and our will into engaging that, then of course we're going to reap the benefits of that much more rapidly than if we engage that down on our list. So that's what I would love to encourage each of you to do.

We'd like to thank you for your time today. Hopefully you've been able to engage the process of maybe realising the eternal benefits of having a relationship with God. Thanks for your time, guys. (Applause)